

Long Lake Lutheran Church

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February 21, 2021

First Sunday of Lent



TUNE YOUR RADIO TO 93.1 FM TO HEAR THE SERVICE!

For any of you who were thinking that Shawna's chili recipe was lacking a few steps, you were right! Here is that complete recipe!

Instant Pot or Crockpot White Chicken Chili

Ingredients:

- 2-3 Large chicken breasts
- 15 oz can black beans drained and rinsed
- 15 oz can white beans drained
- 1 medium onion chopped
- 15 oz can corn with juice
- 10 oz can Rotel diced tomatoes with green chilis (not drained)
- ½ cup chicken broth or stock
- 1 tsp chili powder or to taste
- 1 tsp cumin powder
- .4 oz packet ranch dip or dressing mix
- 8 oz package cream cheese cut into 6 pieces

Optional toppings and serving suggestions: Cilantro, Avocado diced, tortilla chips or baked potatoes to serve

Instructions:

Place all of your ingredients into your instant pot in the following order: 2 chicken breasts, drained black and white beans, chopped onion, corn, tomatoes, and ½ cup chicken broth.

Add chili powder, cumin, and ranch packet. Stir everything to combine, getting some of the juice under the chicken to prevent it from scorching.

Cut cream cheese into 6 pieces and place over the top of chili. Cover and seal with lid, switch the valve to the "sealing" position and cook for 20 min on manual high pressure. Once it is done cooking, let it naturally depressurize for 10 min then switch the valve to the "venting" position to completely release steam before opening lid.

Remove Chicken breasts to a plate and shred apart with 2 forks. Stir everything together in the pot to melt the cream cheese into the chili then return the shredded chicken and stir to combine. Serve garnished with avocado and cilantro if desired.

*** To make in crock pot follow steps 1-2, add cream cheese and then cook for 6-8 hours on low. Then continue with step 4.

This is a quick and easy meal for my family that I can make quickly on a weeknight in my Instant Pot!

Shawna

PRELUDE

GATHERING

GATHERING SONG: "Our Father, We Have Wandered" (all verses)

Our Father, We Have Wandered



1 Our Fa - ther, we have wan - dered and hid - den from your face;
2 And now at length dis - cern - ing the e - vil that we do,
3 O Lord of all the liv - ing, both ban - ished and re - stored,



in fool-ish-ness have squan - dered your leg - a - cy of grace.
be - hold us, Lord, re - turn - ing with hope and trust to you.
com - pas-sion-ate, for - giv - ing, and ev - er - car - ing Lord,



But now, in ex - ile dwell - ing, we rise with fear and shame,
In haste you come to meet us and home re - joic - ing bring,
grant now that our trans - gress - ing, our faith - less - ness may cease.



as, dis - tant but com - pel - ling, we hear you call our name.
in glad-ness there to greet us with calf and robe and ring.
Stretch out your hand in bless - ing, in par - don, and in peace.

Text: Kevin Nichols, 1929–2006

Music: HERZLICH TUT MICH VERLANGEN, Hans Leo Hassler, 1564–1612

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WELCOME/ANNOUNCEMENTS

CONFESSION AND FORGIVENESS

P: In the name of the Father, and of the Son, and of the Holy Spirit.

A: **Amen.**

P: Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

A: **Amen.**

P: Let us confess our sin in the presence of God and of one another.

P: Most merciful God,

A: **we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as our selves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.**

A: **Amen.**

P: In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the Son, and of the Holy Spirit.

A: **Amen.**

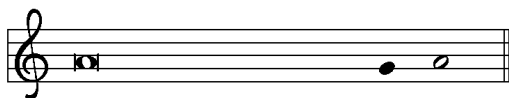
GREETING

P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

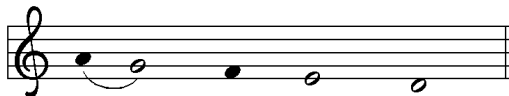
A: **And also with you.**



KYRIE



In peace, let us pray to the Lord.



Lord, have mer - cy.



For the peace from a-bove, and for our sal - vation, let us pray to the Lord.



Lord, have mer - cy.



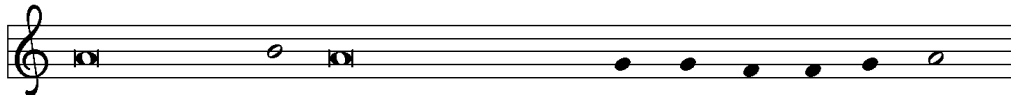
For the peace of the whole world, for the well-being of the church of God,



and for the unity of all, let us pray to the Lord.



Lord, have mer - cy.



For this holy house, and for all who offer here their wor-ship and praise,



let us pray to the Lord. Lord have mer - cy.



Help, save, comfort, and de - fend us, gra-cious Lord. A - - men.

HYMN OF PRAISE

Refrain
Assisting minister



This is the feast of vic-to-ry for our God. Al-le - lu - ia.

All



1 Wor-thy is Christ, the Lamb who was slain, whose blood set us



free to be peo-ple of God. Pow - er and rich - es and wis - dom and



strength, and hon - or and bless-ing and glo - ry are his.

Refrain



This is the feast of vic-to-ry for our God. Al-le - lu - ia.



2 Sing with all the peo - ple of God and join in the



hymn of all cre - a - tion: Bless-ing and hon - or and glo - ry and



might be to God and the Lamb for - ev - er. A - men.

Final refrain



This is the feast of vic-to-ry for our God, for the Lamb who was slain



has be - gun his reign. Al - le - lu - ia. Al - le - lu - ia.

PRAYER OF THE DAY

P: The Lord be with you.

A: **And also with you.**

P: Let us pray.

P: Holy God, heavenly Father, in the waters of the flood you saved the chosen, and in the wilderness of temptation you protected your Son from sin. Renew us in the gift of baptism. May your holy angels be with us, that the wicked foe may have no power over us, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

A: **Amen.**

WORD

PSALM: Psalm 25:1-10

P: ¹To you, O LORD,
I lift up my soul.

A: ²**My God, put my trust in you; let me not be put to shame,
nor let my enemies triumph over me.**

P: ³Let none who look to you be put to shame;
rather let those be put to shame who are treacherous.

A: ⁴**Show me your ways, O LORD,
and teach me your paths.**

P: ⁵Lead me in your truth and teach me,
for you are the God of my salvation; in you have I trusted all the day long.

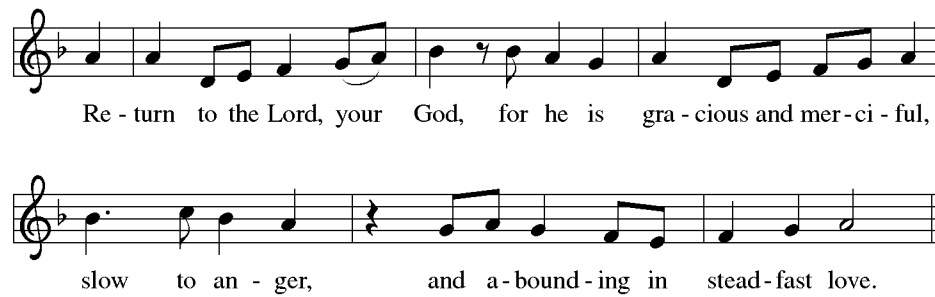
A: ⁶**Remember, O LORD, your compassion and love,
for they are from everlasting.**

P: ⁷Remember not the sins of my youth and my transgressions;
remember me according to your steadfast love and for the sake of your goodness, O LORD.

A: ⁸**You are gracious and upright, O LORD;
therefore you teach sinners in your way.**

P: ⁹You lead the lowly in justice
and teach the lowly your way.

A: ¹⁰**All your paths, O LORD, are steadfast love and faithfulness
to those who keep your covenant and your testimonies.**



GOSPEL: Mark 1:9-15

R: The Holy Gospel according to Mark, the first chapter.

A: **Glory to you, O Lord.**

The Spirit that comes upon Jesus at his baptism sustains him when he is tested by Satan so that he might proclaim the good news of God's reign.

⁹In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan.

¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

¹²And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

R: This is the Word of the Lord.

A: **Praise to you, O Christ.**

MESSAGE: Shawna Berg



SONG OF THE DAY: "Chief of Sinners Though I Be" (all verses)

Chief of Sinners though I Be



1 Chief of sin - ners though I be, Je - sus shed his blood for me,
2 Oh, the height of Je - sus' love! High - er than the heav'ns a - bove,
3 On - ly Je - sus can im - part balm to heal the wound - ed heart,
4 Chief of sin - ners though I be, Christ is all in all to me;
5 O my Sav - ior, help af - ford by your Spir - it and your word!



died that I might live on high, lives that I might nev - er die.
deep - er than the depths of sea, last - ing as e - ter - ni - ty.
peace that flows from sin for - giv'n, joy that lifts the soul to heav'n,
all my wants to him are known, all my sor - rows are his own.
When my way - ward heart would stray, keep me in the nar - row way;



As the branch is to the vine, I am his, and he is mine.
Love that found me—won - drous thought—found me when I sought him not.
faith and hope to walk with God in the way that E - noch trod.
He sus - tains the hid - den life safe with him from earth - ly strife.
grace in time of need sup - ply while I live and when I die.

Text: William McComb, 1793–1870

Music: GETHSEMANE, Richard Redhead, 1820–1901



NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

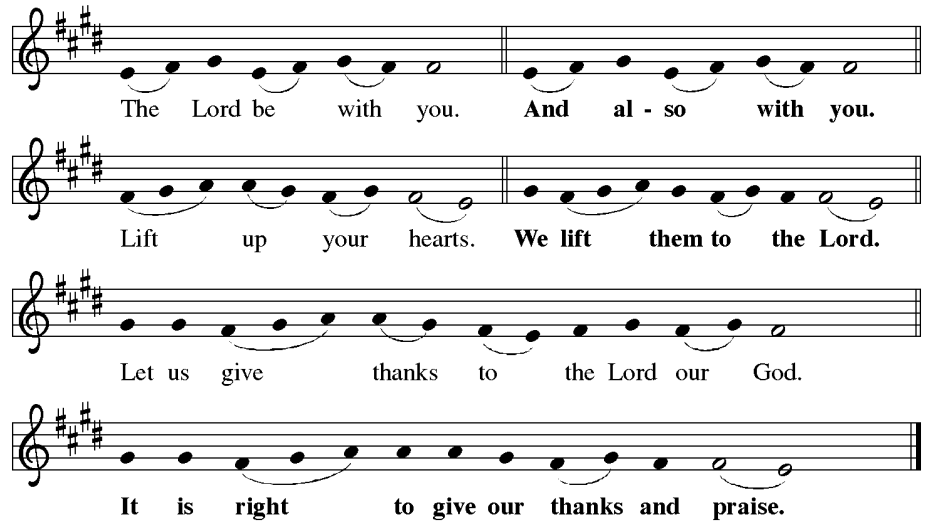
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,*
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.



MEAL

God feeds us with the presence of Jesus Christ.

GREAT THANKSGIVING

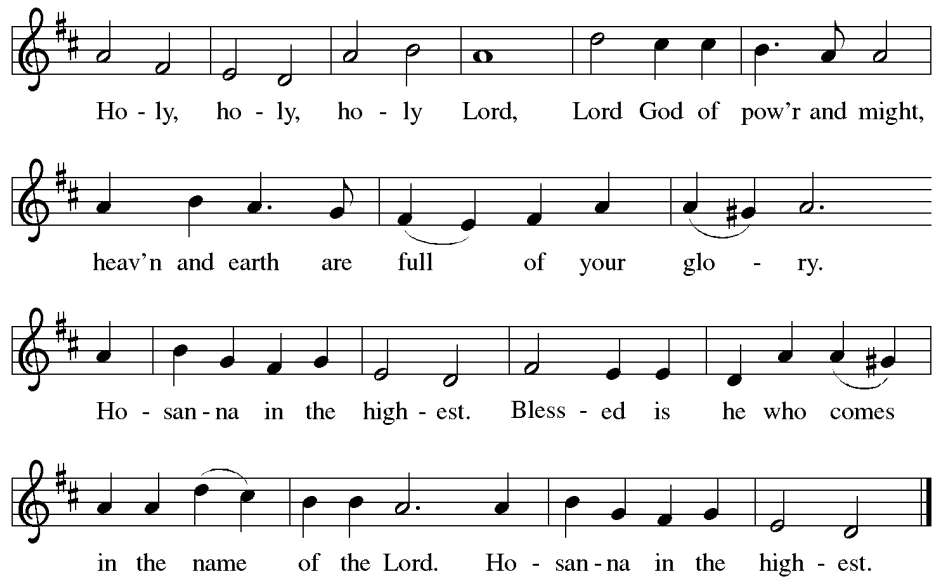


The Lord be with you. And al - so with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

PREFACE

It is indeed right, our duty and our joy...we praise your name and join their unending hymn.

HOLY, HOLY, HOLY



Ho - ly, ho - ly, ho - ly Lord, Lord God of pow'r and might,
heav'n and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the high - est.

WORDS OF INSTITUTION

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.
Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

LORD'S PRAYER

P: Lord, remember us in your kingdom and teach us to pray.

A: Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

LAMB OF GOD



Lamb of God, you take a-way the sin of the world; have mer-cy on



us. Lamb of God, you take a-way the sin of the world; have



mer-cy on us. Lamb of God, you take a - way the



sin of the world; grant us peace, grant us peace.

INVITATION TO COMMUNION

Come to the banquet, for all is now ready.

COMMUNION

(Open the clear top lid) The body of Christ, given for you.

(Open the purple lid) The blood of Christ, shed for you.

PRAYER AFTER COMMUNION

P: Let us pray.

P: God of steadfast love, at this table you gather your people into one body for the sake of the world. Send us in the power of your Spirit, that our lives bear witness to the love that has made us new in Jesus Christ, our Savior and Lord.

A: **Amen.**

PRAYERS OF THE PEOPLE

P: Relying on the promises of God, we pray boldly for the church, the world, and all in need.
Let us pray.

A: **Have mercy, O God.**

P: We entrust ourselves and all our prayers to you, O faithful God, through Jesus Christ our Lord.

A: **Amen.**

OFFERING

OFFERING PRAYER

P: Let us pray.

P: Faithful God, you walk beside us in desert places, and you meet us in our hunger with bread from heaven. Accompany us in this meal, that we may pass over from death to life with Jesus Christ, our Savior and Lord.

A: **Amen**

BLESSING

P: You are what God made you to be: created in Christ Jesus for good works, chosen as holy and beloved, freed to serve your neighbor. God bless you ✝ that you may be a blessing, in the name of the holy and life-giving Trinity.

A: Amen.

SENDING SONG “My Hope Is Built On Nothing Less” (all verses)

What a Fellowship, What a Joy Divine *Leaning on the Everlasting Arms*



1 What a fel - low-ship, what a joy di - vine, lean - ing on the ev - er -
2 Oh, how sweet to walk in this pil - grim way, lean - ing on the ev - er -
3 What have I to dread, what have I to fear, lean - ing on the ev - er -



last - ing arms; what a bless - ed - ness, what a peace is mine,
last - ing arms; oh, how bright the path grows from day to day,
last - ing arms? I have bless - ed peace with my Lord so near,



lean - ing on the ev - er - last - ing arms.
lean - ing on the ev - er - last - ing arms.
lean - ing on the ev - er - last - ing arms.

Refrain



Lean - ing, lean - ing, safe and se - cure from all a - larms;



lean - ing, lean - ing, lean - ing on the ev - er - last - ing arms.

Text: Elisha A. Hoffman, 1839–1929
Music: SHOWALTER, Anthony J. Showalter, 1858–1924

DISMISSAL

P: Go in peace. Share the good news.

A: Thanks be to God.

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Long Lake Lutheran Church

CONTACT INFORMATION

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(OFFICE HOURS DAILY 9-12)

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Jennifer Sonterre, Business Administrator: 763-354-9574

Joanne Eittrheim, Administrative Assistant: 612-386-7480

Please call if you need anything or have questions

Church Council Members:

Kara Hepp, Council President 763-350-0250

Angie Spartz, Congregational Life; Dan Peterson, Property, Dennis Wanless, Finance; Ronda Fenlon, Missions; Rachel Maguire, Worship & Music; Julie Nielsen, Stewardship; Amanda Saelens, Education; Margaret Bauer, Youth & Family.

We are putting together a **TECHNOLOGY TEAM**

please let Bruce Yurich or the office know if you are interested in helping out!

Join us for Bible Study every weekday on Facebook. We are working through the book of

- 2021 Lenten Series **“Sir, We Wish To See Jesus.”**

This Lenten season, we will be focusing on different Gospel texts that open our eyes to see Jesus more clearly. On Sundays, we will be introduced to the text and on Wednesdays, we will follow up with a different perspective. Holy Communion will be celebrated on the 1st & 3rd Sundays and Wednesdays.

- **Extra singers are needed** for Lent, Holy Week and Easter. Please consider joining the worship leaders. Contact the office or Rachel Maguire.
- A **visioning meeting** will take place at 10:00am Sunday, February 28th in the fellowship hall. We were off to a good start when the pandemic closed everything. We will begin to dream big once again and plan for our future. More meetings will be held in the near future. A Zoom meeting will be held on Monday, March 1 at 7:00pm. The invite will come in your email.
- **1st Communion Class** will be held from 10am-noon on Sunday, February 28th. Students interested in receiving Holy Communion on Maundy Thursday, April 1st must attend with at least one parent.
- The **office is now open** Monday-Friday, 9:00am-Noon!
- All gatherings are restricted to 10 or fewer people.

PRAYER CONCERNS (Let us know how we can pray for you)

Pray for healing for: *Dale Strike, Larry Oliver, Diane Englund, Jim Johnson, Sharon Johnson, Marsha Weidner, Donnie Weidner, Donnie’s sister Kay and her husband Dave, Jean Hansen’s brother Jim; Marcy Stoeckel’s niece Erin, Karen Baker’s mom Floy, Dave Ringstad’s cousin Brad, Ron Selix’s sister Donna, Becky Agranoff’s uncle Del, Pat O’Keefe’s sister Carrie, Shawna’s dad Mike, Claudia Hanson’s friend Beth, Gary Grell’s brother Dave, Kent and Joanne Eittrheim’s friend Scott, Carol Vogtlin’s husband Jim, Lynn Perrin, Kate Allison, Colleen Evenson, Lisa Gustafson, Margaret McBride, and Karyn Hansen*

Pray for all who are grieving.

COUNCIL NEWS

Thank you for those people who were willing to give their time and talents to help lead Long Lake Lutheran by serving on council.

We are thankful for these outgoing council members!

MATT LUNDEEN

KATHIE SCHLEIF

These are our new council members! Thank you to them for taking this opportunity to serve Long Lake Lutheran Church.

We welcome you and look forward to seeing what's next.

ANGIE SPARTZ

JULIE NIELSEN

DAN PETERSON

HERE IS THE COUNCIL CONTACT LIST FOR 2021

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Youth	Margaret Bauer	612-221-5922	jjtbmab@aol.com

Take a minute and thank your council and ask how you can help out!

Join a team, volunteer, get involved!