

Long Lake Lutheran Church

January 2020

Country Spire

Lent & Holy Week Schedule

Lenten Worship Services

Lenten Soup Suppers every Wednesday during Lent

Ash Wednesday February 26 6:00 pm

Lenten Services Wednesdays 6:00 pm

Palm Sunday April 5 8:00 & 9:30 am

Maundy Thursday April 9 7:00 pm

This service will include 1st communion

Good Friday April 10 7:00 pm

Easter Sunday April 12 6:15 am sunrise
8:00 am, 9:30 am

Breakfast served beginning at 7:00 am



Christ Centered

Purpose Balanced

Mission Driven

3921 277th Ave NW

Isanti, MN 55040

p 763-444-5315

Longlakeluth.org



Pastoral and Office Staff



Pastor Sue Olson 218-324-0196
susanolson@longlakesluth.org

Director Youth & Family Ministries
Shawna Berg 612-619-6444
shawnaberg@longlakesluth.org.

Business Administrator
Jen Sonterre 763-354-9574
jensonterre@longlakesluth.org

Administrative Assistant
Krista Mason 763-213-4470
kristamason@longlakesluth.org

*¹³ May the God of hope fill yo u with all joy a nd peace i n believi ng, so that yo u may abo und i n hope by the power of the Holy Spir it. Ro-
ma ns 15:13*

Staff

Choir Director	Donna Larsen	763-350-8209	donna@larsengardens.com
Organist	Kristy Anderson	763-300-0167	cookiesue2020@gmail.com
Wedding Coordinator	Carol Perrin	952-220-2684	carol.perrin.cp@gmail.com
Custodian	Randy Lilleboe	612-222-7024	

Council

Chairperson	Matt Lundeen	612-817-3372	bmt_cambridge@q.com
Congregational Life	Kara Hepp	763-350-0250	kara@larsengardens.com
Education	Amanda Saelens	763-227-6545	a.hansen4721@gmail.com
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Stewardship	Kathie Schleif	763-444-5246	born2farm4now@yahoo.com
Worship & Music	Rachel Maguire	651-307-2490	rachelmariemaguire@gmail.com
Youth	Margaret Bauer	612-221-5922	jjtbmab@aol.com



PASTOR

Sue Olson

From the desk of Pastor Sue. . .

Matthew 9:2-8 New Revised Standard Version (NRSV)

² And just then some people were carrying a paralyzed man lying on a bed. When Jesus saw their faith, he said to the paralytic, "Take heart, son; your sins are forgiven." ³ Then some of the scribes said to themselves, "This man is blaspheming." ⁴ But Jesus, perceiving their thoughts, said, "Why do you think evil in your hearts? ⁵ For which is easier, to say, 'Your sins are forgiven,' or to say, 'Stand up and walk'? ⁶ But so that you may know that the Son of Man has authority on earth to forgive sins"—he then said to the paralytic—"Stand up, take your bed and go to your home." ⁷ And he stood up and went to his home. ⁸ When the crowds saw it, they were filled with awe, and they glorified God, who had given such authority to human beings.

I have been pondering the fact that so many people in our congregation, along with their friends and extended family, have been sick or are dealing with tragic news, debilitating afflictions, family issues, financial distress, fear for our country, fear of a pandemic virus, or anxiety over an assortment of other issues. Our prayer group that meets on Thursday mornings lovingly suggested we pray for everyone who is sick and everyone else so they don't get sick!

We are not unlike most people across this country. We are not all that unique. Sickness, along with worry, comes with being human. We pray for healing and a cure from tragic and sometimes fatal diseases. We don't always get the results we are praying for and we can't know why.

Rachel held Evans, in her book, "Searching for Sunday, loving, leaving and finding the church" wrote, "*there is a difference between curing and healing, and I believe the church is called to the slow and difficult work of healing. We are called to enter into one another's pain, anoint it as holy, and stick around no matter the outcome.*" (p. 208)

The people of this congregation are quick to help someone in need. You are very generous of your time, treasures and talents, and you are very generous with your prayers. You have helped so many people.

In Matthew's Gospel, the focus is not on Jesus' ability to heal physical sickness, but on his power to forgive spiritual sickness in the form of sin. Jesus sees that the man is in need of spiritual health in addition to physical health. Both the man's body and his spirit were paralyzed—he could not walk and he did not know Jesus. We will all be physically healed in Christ's coming kingdom, but first, we have to get to know Jesus.

The church alone does not have the power to heal, but it does have the power to teach about Jesus and help people get to know Jesus better. Then, when sickness or tragedy strikes, your spiritual health will strengthen you to cope with your physical health.

As Brene Brown wrote, *"I went to church thinking it would be like an epidural, that it would take the pain away... But church isn't like an epidural; it's like a midwife... I thought faith would say, 'I'll take away the pain and discomfort, but what it ended up saying was, I'll sit with you in it.'"*

Our work is to walk with people as they journey through illness. We don't have to be in the business of curing people. We can pray that the people in the medical field do their jobs to the best of their abilities, and we can pray for miracles. But, in addition to prayers, it is important that we show up for people in need, that we offer to help with household jobs, cooking, cleaning, shopping, rides, lawn care, snow removal, all of those mundane tasks that aren't very glorious, but can ease the burdens of an ill person or their caregivers. And, we can "be there" for each other whatever the needs are. Sometimes, there are no good words to say, nothing that has to be done; no help is needed; no flowers or cookies can take away the pain, but your presence is the greatest gift you can give.

Henri Nouwen wrote, *"When we honestly ask ourselves which person in our lives means the most to us, we often find that it is those who, instead of giving advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a warm and tender hand."*

It is about relationships, patience, perseverance, presence, and a willingness to wander away from the platitudes and empty promises. Let's continue to hold each other up in prayer, love and attention, to lift each other up, and offer ourselves to serve, or just to sit in quiet.

May God bless you and keep you; may God's face shine upon you and give you peace; may you feel the love of God through the people who are willing to just "be there" with you.



The Maguire Family has grown
by two feet!
Congratulations to big sister
Cora and big brother Noah on
their new baby sister
Helen Keira!

DIRECTOR OF YOUTH & FAMILY MINISTRY Shawna Berg



We have entered the season of Lent, a season marked by repentance and fasting and reflection that leads up to Easter where we remember the sacrifices Jesus made on the cross and his triumphant victory over death. It has been a common practice for many Christians to “give up” something during Lent. For many people giving up something during Lent is thought to remind them of the sacrifices Jesus made. For years and years, I participated in this practice. My standard of something to give up during Lent was often chocolate and Diet Coke. I would spend the first few weeks of Lent with a caffeine headache and I would eagerly count down the days until I could partake in some Easter morning chocolate and a nice cold Diet Coke. Several years ago, I began to question what that practice was actually doing for my faith. I realized that giving up chocolate and diet coke wasn’t really causing me to reflect on the sacrifices Jesus made, or causing me to grow in my spiritual life all that much. It was at that time, that I decided that instead of giving up something for Lent, I would start adding in a spiritual discipline. That year for the first time I started a practice of praying for all of my friends during Lent. I started by trying to use my Social media “friends” list in a positive way. I divided it by 40, made a spreadsheet and then invited others to join me on the journey. I then messaged my friends, told them which day I was praying for them and asked if there were any specific requests. It was amazing to me to see how this transformed some of my interactions with people I interacted with on social media. Some of those people still come to me with prayer requests and concerns and they know that I am a safe place to land with their requests. Ever since then, I have tried to add some sort of discipline. Some years it involves intentional time for devotions or extra bible reading, one year I wrote 40 letters to people who had made a significant difference in my life.

Today is Ash Wednesday, and as of this morning, I still hadn’t figure out for certain what my discipline was going to be this year. Then I happened upon an article that said that Pope Francis had made an appeal in his Ash Wednesday address for people to fast from the verbal violence that is so prevalent today – the kind of terrible insults and words that are flung around that are all too often amplified by the anonymity of the internet. That felt real to me, and that felt like something worth “giving up” again. I don’t spend time saying hateful things to people on the internet, but I

do catch myself making generalizations about groups that believe things that are different than what I believe, and I can sometimes find myself being reeled into believing negative things I read about people and things even when I have no first-hand knowledge of them.

If we committed to fasting from hurting and hateful words and thoughts about each other, and instead chose to say kind words, and believe the best about each other, we would live in a much different world. If we fasted from negativity and bitterness and instead decided to choose hope and joy. If we intentionally chose to do this for the next 40 days, choosing kind words, and acts of kindness rather than hateful angry words and thoughts could that significantly make an impact on our community? I think it could, and I'm willing to give it a try!



**PRAYING
PELICAN
MISSIONS**

Have you heard about the international mission trip we are planning for next summer?

This is a wonderful opportunity to see how Feed My Starving Children works on the distribution side of the operation and to see how poverty affects adults and children. We will also be working with local orphanages and the children that live there.

There is a huge disparity between the wealthy tourist areas and the rural areas of the Dominican Republic.

Here are some facts about poverty in the Dominican Republic:

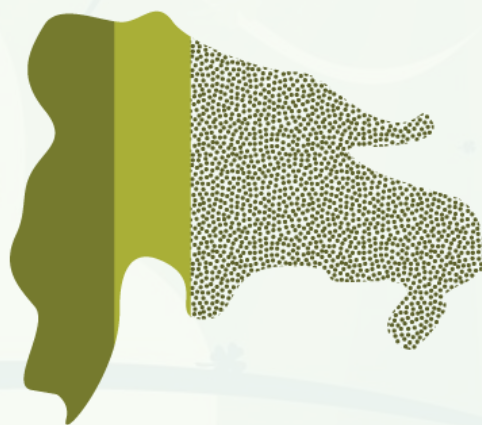
Only 30% of Dominican children finish primary school

1/2 of the country doesn't have access to clean water or sanitary toilets

1/3 of the Dominican population lives on less than \$1.25/day

More
Than **1/3**
of the country's
population lives
in **POVERTY.**

Almost
20% lives
in
EXTREME POVERTY.



Council Minutes 2/2/2020

The Long Lake Lutheran Church Council met at Sunrise on Englund Shores on Sunday, February 2nd, 2020 following the 2020 Annual Meeting. Those present were Matt Lundeen, Tammy Dufleck, Pastor Sue Olson, Shawna Berg, Dennis Wanless, Margaret Bauer, Ronda Fenlon, Kara Hepp, Jennifer Sonterre, and Kathie Schleif.

Vice President Tammy Dufleck's term is up, so Kara Hepp has graciously agreed to be the new Vice President. The Executive Team is now:

President Matt Lundeen

Vice President Kara Hepp

Secretary Ronda Fenlon

Treasurer Dennis Wanless

Pastor Susan Olson

The Personnel Committee is constitutionally stated to include the following Council Chairs:

President Matt Lundeen

Property Paul Gruber

Youth Margaret Bauer

Worship & Music Rachel Maguire

Pastor Susan Olson

Margaret Bauer made a motion to remove Jennifer Manion as a signer on the checking account. Dennis Wanless seconded. The motion passed unanimously.

Dennis Wanless made a motion to add Ronda Fenlon as a signer on the checking account. Kara Hepp seconded the motion. The motion passed unanimously.

Ronda made a motion to audit the safe deposit box by the end of March. The motion was seconded by Dennis Wanless. The motion passed unanimously. Matt and Kara will audit the contents.

The meeting was adjourned with the Lord's Prayer.

Respectfully submitted,

Matt Lundeen



COUNCIL PRESIDENT

Matt Lundeen

As we enter the Lenten Season, I think about sacrifice and I am thankful. Although it is sad to think of the sacrifice that Jesus made for all of us, we can also rejoice in the results! Jesus knew that His time on earth was fading and that He was sent to save us. What a burden to have to shoulder, and what a relief that He carried that burden so none of us had to.

There have been many times when I have faced challenges and said to myself, "I don't know how Jesus did it..." I truly don't. What a champion to have in our corner! Luckily, each of us has Jesus to carry the load. We are taught this in the book of Matthew, 11: 28-30. "Come to Me, all you who labor and are heavily laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." This was actually the scripture that I choose to read at my confirmation over 25 years ago.

Thankfully, Long Lake is blessed to have many others who make sacrifices to help our church. I am thankful for our three new council members for sacrificing some of their free time to lead their respective team meetings and attend council meetings. I'm also thankful for the rest of the council for making the same sacrifice. I'm thankful for the sacrifices that everyone in our congregation makes, sharing of time, finances, skills, or anything else that helps our church continue to share the Word and Love of Jesus!

As we journey through Lent, I pray that all of us remember and witness the incredible sacrifice that

Jesus made for each of us.

God's Peace,

Matt Lundeen



EDUCATION

Amanda Saelens



Hello all!

As I begin my journey as the new education chair for Long Lake Lutheran Church, I look forward to all the exciting events coming up. Please mark your calendars accordingly. I encourage you to find ONE person over the next month and introduce them to our church or an activity at it. The more, the merrier!

- *February 26th_Ash Wednesday_no classes
- *March 1st_First session of 1st communion
- *March 1st_Education committee meeting @ 1:15 @ Sunrise_Anyone is welcome to attend!
- *March 29th_Second session of 1st communion
- *April 9th_Maunday Thursday service @ 7_1st communion
- *May 15th-17th_Vacation Bible School_Exact times and more info to be announced

Amanda Saelens



Jim's Journeys

Jim Werronen

Every Tuesday we go to Tompkins Square Park which is located in the borough of Manhattan. There we serve the poor and homeless of that area by bringing hot soup, hot chocolate, juice, usually some fruit and bagels. We also bring clothing, shoes, jackets and we have a list of resources to help with shelter, jobs, and drug and alcohol programs. There are many opportunities to share God's love and pray with individuals. A woman asked me to pray for her recently, for her health, a job and her family, as my niece and I prayed for her she broke down in tears God really touched

her heart. Later my niece said this women never asks for prayer, so God was definitely moving in her heart and the seeds of years of planting and watering are beginning to grow.

Next month I'll share a bit on another ministry born out of Street Life called Beautiful One. A ministry that goes to the Chinese woman who are trafficked and work in the massage parlors here.

Blessings!
Jim



FINANCE

Dennis Wanless

My name is Dennis Wanless. I have been a member of Long Lake Lutheran Church for 20 years and I live on the east shore of Long Lake. I grew up on a ranch in western South Dakota and after high school I proudly served in the U.S. Army for three years. After returning, I went to college at Moorhead State and began my working career at Texaco Inc. where I spent 15 years. Then my career path moved to NSP/Xcel Energy where I worked in operations management until retiring after 32 years. I look forward to working with the finance team and providing strong financial leadership so that we can continue to meet our church goals and objectives. Please feel free to contact me with any thoughts, ideas and input related to budget and finance.

As I begin my term as Finance Chair, I want to express my appreciation for your confidence in my ability to serve the congregation. With the Good Lord's and your support, I will do my best to meet your expectations and help maintain a sound financial base for LLLC as we move into the future. We have already had our first Finance Committee meeting this year and look forward to meeting on a regular basis. In the spirit of financial transparency, we plan to provide quarterly updates of income and expenses so that we can all better understand how we compare to the approved budget for the year. If you have any questions or ideas about our finances or budget-related matters, please reach out to me or give me a call.

Dennis Wanless

Finance Chair

612-802-2735

STEWARDSHIP

Kathie Schleif



Spring is springing just around the corner!

We are blessed to live in a country where we have religious freedom. We sometimes take it for granted of all the big and little things God does for us in our daily lives. We need to be thankful for the little things God does show us; from the beautiful sunsets to the eagles flying over us. I am blessed to experience these amazing eagles that fly over our farm.

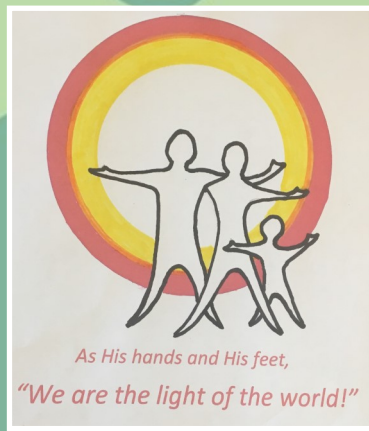
The eagles have so much beauty to see them gliding through the sky. They have such grace and strength at the same time. And yet their call to each other is just a mere squeak. God doesn't always talk to us in a loud voice to get our attention. We have to listen closely to hear His whisper in our ear. Listening for God can be a struggle being we want to accomplish things on our own. Sometimes we forget to ask for God's help in even the simplest things. He is there for all we do in His name.

When we go through life leaning on Him in everything, He will always guide us and give us the strength and ability to do whatever we need to do. The good news is we never have to try to do things on our own. God has sent the Holy Spirit, our helper, so ask for and receive the help you need every day. We need to relax in God's love and grace and live by faith.

For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast. Ephesians 2:8-9

Kathie,

Stewardship Rep



Kara Hepp

CONGREGATIONAL

LIFE

Happy March!

Thank goodness Spring is coming!! Our Congregational Life committee is beyond ready to get things rolling and have some exciting events in the works!! We have been and are busy planning but will give you a sneak peak of what is coming up for us in the next few months!

- Back by popular demand, we plan to host our annual Church Appreciation Dinner complete with a cookie baking contest to kick off Vacation Bible School. It will be held on May 15th at 5:30 PM! More specific details and invitations to come!
- NEW EVENT: "Wellness Awakening" Seminars. We are in the planning stages of hosting quarterly seminars that touch on all aspects of wellness. Our intention is to touch on a variety of topics that will help support our member's well being. We'll host our first one sometime in Quarter 2 so be on the look out for details! If you have a specific topic you are interested in and/or would like to be a 'host' please feel free to reach out to me!

Parade Float: We've been looking for more ways to get out into our community and are teaming up with the Live Nativity group to combine our efforts to support a "Parade Float" sub-committee. We would love to not only market our 25th Annual Live Nativity event but further take the opportunity to

walk/ride the streets of our communities and put faces to the name "Long Lake Lutheran Church". We have a number of items secured for this already including a trailer, costumes, and decorations, however are in need of someone to 'chair' this group. The main responsibilities include setup, logistics, and hosting a couple of meetings to work through details. We're shooting to sign up for the St. Francis (June), Isanti (July), and Cambridge (November) parades. If interested please feel free to contact me!!

Beyond that, we invite anyone who is even remotely interested in joining this wonderful committee to do so! Our mission is to bring our congregation together under our roof and into our community.

As His hands and His feet, "We are the light of the world!"

Kara Hepp





A Word from Will

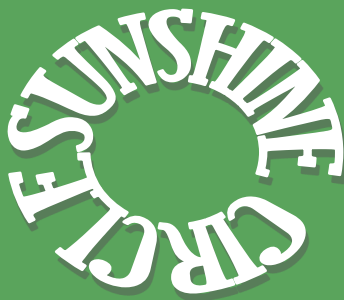
2019 was one of my worst years ever. Dealing with all of the issues with my home was very overwhelming.

From the major roof damage to fighting with my insurance company USAA, to searching for a contractor who would be able to fix everything. I wasn't sure if I would be able to rise above the challenges.

I spend many nights with tears in my eyes, talking to God, wondering if I was doing the right thing.

But, in some ways, it was also a great year as I got so much help and support from my many friends at LLC and my family.

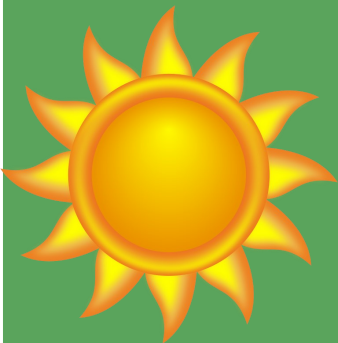
I am so thankful to all who helped in any way, painting, cleaning, donations, and praying. God bless you all!



We met on February 11th there were 8 of us there. We worked on quilt and started planning blankets for the graduates. There will be around 10 this year. We had lunch and fellowship. We are planning for Lent Soup Supper. We will be serving on March 4th. Our next meeting is March 10th at 1:00 pm

Please join us for fun, fellowship, and food!

God's Blessings,
Rose



Two can accomplish more than twice as much as one, for the results can be much better.

Ecclesiastes 4:9

Ecclesiastes 4:9

GOD PROVIDES

2020 WEDNESDAY LENTEN SERIES

February 26 *Ash Wednesday*

Return to the Lord

God provides a way back to Him, through Jesus.



March 25 *Babble, Babble, Babble*

God provides
what we need.



March 4 *SIN*

God provides a way to
forgiveness from
SIN.



April 1 *The Rich Man and Lazarus*

God provides love, grace, and mercy even to those we
ignore.



March 11

God provides a child
for Sarah and Abra-
ham even in their old
age.



April 8 *Is this all we get?*

God provides even when we are not satisfied and
complain.



March 18 *Manna, The Ultimate "Faith Food"*

God provides
what we need.



Holy Week

April 9 Maundy Thursday—1st communion: God provides the elements and the promises

April 10 Good Friday : God provides the sacrificial lamb

April 12 Easter Sunday : God provides resurrection, salvation, new life. 6:15, 8:00, 9:30

GOD CAME TO US

2020 LENTEN SUNDAYS

March 1 Holy Communion— God came to us with the free gift of liberation and life. Romans 5: 12-19

March 8-God came to us with a promise. Romans 4: 1-5, 13-17

March 15 Holy Communion God came to help utterly helpless sinners.
Romans 5: 1-11

March 22 God came to us in the divine light of Christ. Ephesians 5: 8-14

March 29 God came to us with eternal life. Romans 8: 6-11

April 5 Palm Sunday Holy Communion Matthew 21: 1-11, Philippians 2: 5-11
God came to us in humility.

April 12 Easter Holy Communion John 20: 1-18 God came TO us and FOR us
through His risen Son!

6:15 am Sunrise Service

7:00 am Breakfast

8:00 am Worship

9:30 am Worship





What are those kids up to now...



CARE CONCERNS AND CONTACT INFORMATION FOR MEMBERS

DALE LUNDEEN

CAMILLIA ROSE NURSING HOME
ROOM 208
11800 XEON BLVD. NW
COON RAPIDS, MN 55448

RENAE STONE HOOKER

MARY BRIGHS EAST BUILDING
ST. MARY'S HOSPITAL
1216 2ND STREET SW
ROCHESTER, MN 55905

DON ZIEMANN

HOMESTEAD ANOKA
3000 4TH AVENUE
ANOKA, MN 55303

OTHER MEMBERS TO HOLD UP IN PRAYERS:

SHARON JOHNSON, JIM JOHNSON,
CONNIE ANDERSON, DALE STRIKE, LARRY
OLIVER, DIANE ENGLUND, ROSIE HUSTAD,
THERESE CATHERS, DAVID JOHNSON,
KAREN LUNDEEN, DALE LUNDEEN

Our Parish Nurse will be here to check blood pressures and discuss any other health care issues on these dates:

March 8

April 5 (Palm Sunday)

May 1



June 14

July 12

Aug. 9

Sept. 13

Oct. 11

Nov. 8

Hooker Family Fundraiser

As many of you know, our Sister in Christ, Renae Hooker has been diagnosed with a terminal form of brain cancer. As you can imagine, this type of news is not only devastating to a family, but it creates an entirely new list of expenses that would cripple most family budgets. While Renae has been hospitalized to receive treatment at the Mayo Clinic, her husband Bruce, and children Kelsey and Justin have been travelling between their home in Nowthen and Rochester to support Renae.

Since the Hooker family has joined Long Lake, they have volunteered and served our church family in many different ways. Our church family has a strong and long history of stepping up and helping in times of need. Along with our prayers, we are also planning to support the Hooker family as best we can. On April 4th we will be hosting a fundraiser to help the Hooker family. A spaghetti feed, wine pull, bake sale, quilt raffle, and silent auction are currently being planned. The fundraiser will be held from 3-7 pm.

In order for this to be a successful event, we must be well prepared and have a plan. We will need help preparing and serving food, serving drinks, and washing dishes. We have a long list of businesses to ask for donations from. If you would like to help secure donations, please let Donna Larsen or Matt Lundeen know. If you would like to donate a basket or bottle of wine, please let Ronda Fenlon or Kara Hepp know.

Your prayers and help are absolutely needed to provide a successful turnout to support the Hooker family.

Donna Larsen, Ronda Fenlon, Matt Lundeen, Kara Hepp



Our Thursday evening GriefShare program has been suspended until Spring. Please contact Pastor Sue if you are in need of any help or grief counseling.

Fellowship Cafe



The Fellowship Café has been offering up great conversations, coffee, fellowship, games and crafts for over a year. We meet Mondays and Wednesdays from 10:00 am to noon. Most times we share treats; other times we have had waffles, egg bakes, breakfast pizza and breakfast burritos and an occasional pie! Everyone is welcome to come and go. Come for coffee, stay for visiting, offer your ideas for the café, bring a friend.

Please consider joining us to make mission quilts. We gather 6 times a year to tie them and stitch around the edges. This is a great way to fellowship with your friends and to make new friends! No experience is necessary, there will be a job for people of all experience levels! We meet on the second Wednesday of the month and begin the day at 9:00 am and end the day at 4:00 pm. We have a potluck lunch and also bring a snack to share with coffee during the day!

This spring we will meet:

Wednesday, March 11th

Wednesday, April 8th

Wednesday, May 13th

Please consider stopping by for part or all of the day!



ARTISAN FAIR

SAVE THE DATE

OCTOBER 10, 2020



Save the date, October 10, 2020, for the Annual Artisan Fair!

It will be bigger and better than ever before, so mark your calendars and watch for more details to come. Also think of ways you can share talents that God has given you.

Date	Birthdays
1	Roger Pelika Madonna Schmidt
3	Kylie Berg
5	Wesley Sonsteby
6	Gloria Berven Matthew Lundeen
7	Logan Orr
8	Carlee Oliver Roxanne Peterson
9	Logan Anderson Colleen Bell Bexley Budnick
12	Jon Westover
14	Samantha Capra Kerri Hill Zachary Thompson
15	Karen Baker Karen Bartz
16	Phillip Lundeen
18	Antonio Rouen
19	Richard Larsen Nicholas Wachsmuth April Wendorff
20	Wyatt Wald
21	Jarek Scheller
23	Mark Hanson
24	Carter Fournier Don Weidner Ben Westover
25	Marlene Mitchell
26	Alex Hylan
27	Jeannine Anderson Lydia Lund
28	Kaitlyn Bauer
29	Gerald Anderson Tony Nechanicky

Date	Anniversaries
5	Dale & Kathy Findell
12	Laura & Logan Anderson
22	Linda & Larry Oliver
27	Bruce & Renae Hooker
28	Betsy & Jim Vincent

Date	Baptism Anniversaries
	Madonna Schmidt Mackenzie Goedel Logan Soligny
1	Wayne Olson Edward Rouen Donna Larsen Angie Hylan Phillip Maguire Jenna Goslinga Kelsey Hooker
4	Dorothy Larsen Aubrey Bell
9	Peyton Stanius
11	Abigail Niemi Shelby Niemi Tiffanie Niemi
12	Susan Netzer Andrew Jaques
17	Kenneth Miller Derek Johnson
18	Charlotte Sonterre
19	Lydia Lund Sophie Lund
21	Tucker Kolb
22	Karen Bartz Baylye Anderson
23	Taylor Bender
24	Ben Hylan Robin Gemmill Brooklyn Zilmer
25	Kaitlin Bender Victoria Henry
26	Mitchell Nelson Kody Puck Jacob Anderson Madelyn Anderson Maya Anderson Sam Anderson
27	Mickey Hanson
31	Don Hansen

Birthdays, Baptism Anniversaries, Wedding Anniversaries



A.A. Step By Step Step Three

STEP THREE

*Make a decision to turn
over our will and our
lives over to the care
of God as we under-
stood Him.*

Step Three has been summarized as: I can't, God can, I think I'll let Him. Our spiritual awakening is partly a process of becoming real. We are shedding the games that maintained our old style of life-macho or hero or poor me. In its place we are developing a real relationship with ourselves.

Sometimes change comes in a moment of sudden awareness but more often it comes a little bit at a time. As we work the Steps, as we are true to our inner voice, as we keep returning to conscious contact with our Higher Power, as we get closer to our friends, we become more real to ourselves.

In the past many of us closed the door on the reality of our abuse to ourselves or others. We gave explanations but our words more often hid the truth than revealed it. Many came into the program priding themselves on their honesty, but now are aware of how dishonest they were with themselves. Honesty is a pillar of spiritual awakening. There is no growth without it. It begins with ourselves. We do not define the truth, we accept it. We surrender to it. The truth may not feel good; it can even be painful. This is the reward of having our integrity and the peace of self-acceptance.

The Serenity Prayer really ties into the Third Step. In that we ask for God's help to "accept the things we cannot change, courage to change the things we can, and wisdom to know the difference. Thy will, not my will, be done." The decision to turn our will and lives over to the care of God is made almost as often as the decision not to do it. The Serenity Prayer helps keep us centered when things don't go our way. Lives not only include our life but also our life as a spouse, employer, friend....all our lives.

based on the books "How It Works" and the AA Big Book

MARCH CALENDAR

Long Lake Lutheran Church

Mar 2020 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>8am - Worship</p> <p>9am - Missions Team</p> <p>9:30am - Adult Forum</p> <p>9:30am - Sunday School</p> <p>9:30am - Worship</p> <p>10:30am - Education Team</p> <p>11am - First Communion</p> <p>6:30pm - Visioning Team</p>	<p>9am - JoAnne Eittrich's</p> <p>10am - Fellowship Cafe</p> <p>6pm - Choir Rehearsal</p> <p>6:30pm - 4-H Stoeckel</p>	<p>10am - Bible Study</p> <p>6:30pm - Worship and 7pm - AA</p>	<p>10am - Fellowship Cafe</p> <p>5pm - Community Meal</p> <p>6pm - Children's Church</p> <p>6pm - Confirmation</p> <p>6pm - Worship</p> <p>7pm - Youth Team</p>	<p>9am - Prayer Team</p>		
<p>8am - Worship</p> <p>9:30am - Adult Forum</p> <p>9:30am - Sunday School</p> <p>9:30am - Worship</p> <p>10:45am - Cong. Life Mtg</p> <p>10:45am - New Member</p>	<p>10am - Fellowship Cafe</p> <p>6pm - Choir Rehearsal</p> <p>6:30pm - Friends of Ruth</p> <p>7pm - Live Nativity</p>	<p>10am - Bible Study</p> <p>1pm - Sunshine Circle</p> <p>7pm - AA</p>	<p>9am - Mission Quilters</p> <p>10am - Fellowship Cafe</p> <p>5pm - Community Meal</p> <p>6pm - Children's Church</p> <p>6pm - Confirmation</p> <p>6pm - Worship</p> <p>7pm - Youth Team</p>	<p>9am - Prayer Team</p> <p>1pm - Senior Game Day</p> <p>6:30pm - Council Meeting</p>		
<p>8am - Worship</p> <p>9:30am - Adult Forum</p> <p>9:30am - Sunday School</p> <p>9:30am - Worship</p> <p>10:45am - Stewardship</p>	<p>10am - Fellowship Cafe</p> <p>6pm - Choir Rehearsal</p> <p>6:30pm - 4-H Stoeckel</p> <p>6:30pm - Cornerstone-</p>	<p>10am - Bible Study</p> <p>5pm - Property</p> <p>7pm - AA</p>	<p>10am - Fellowship Cafe</p> <p>5pm - Community Meal</p> <p>6pm - Children's Church</p> <p>6pm - Confirmation</p> <p>6pm - Worship</p>	<p>9am - Prayer Team</p> <p>1pm - Welca</p> <p>6:30pm - Gardening</p>		<p>8:30am - Sewing Day</p>
<p>8am - Worship</p> <p>9:30am - Adult Forum</p> <p>9:30am - Sunday School</p> <p>9:30am - Worship</p>	<p>10am - Fellowship Cafe</p> <p>6pm - Choir Rehearsal</p>	<p>10am - Bible Study</p> <p>7pm - AA</p>	<p>10am - Fellowship Cafe</p> <p>5pm - Community Meal</p> <p>6pm - Children's Church</p> <p>6pm - Confirmation</p> <p>6pm - Worship</p>	<p>9am - Prayer Team</p> <p>1pm - Senior Game Day</p>		
<p>8am - Worship</p> <p>9:30am - Adult Forum</p> <p>9:30am - New Member</p> <p>9:30am - Sunday School</p> <p>9:30am - Worship</p> <p>11am - First Communion</p>	<p>10am - Fellowship Cafe</p> <p>11:30am - Lunch Ladies</p> <p>6pm - Choir Rehearsal</p> <p>6:30pm - Cornerstone-</p>	<p>10am - Bible Study</p> <p>7pm - AA</p>	<p>10am - Fellowship Cafe</p> <p>5pm - Community Meal</p> <p>6pm - Children's Church</p> <p>6pm - Confirmation</p> <p>6pm - Worship</p> <p>7pm - Youth Team</p>	<p>9am - Prayer Team</p>		<p>3pm - Spaghetti Dinner</p>

MARCH VOLUNTEERS

Volunteers Schedule for March 2020

March 1, 2020

8:00 am

Greeter: Jean & Richard Hansen
Usher: John & Rose Hass
Lector: Karen Baker

9:30 am

Greeter: Smith/McBride
Usher: Angie O'Keefe
Lector: Kathie Schleif

March 8, 2020

8:00 am

Greeter: Paul & Jackie Gruber
Usher: Connie & Gerald Anderson
Lector: Beaner Bell

9:30 am

Greeter: Lillian Reetz
Usher: Donna Larsen
Lector: Beaner Bell

March 15, 2020

8:00 am

Greeter: Harley & Madge Lillemoen
Usher: Marcy Stoeckel
Lector: John Hass

9:30 am

Greeter: Joanne Eittreim
Usher: Sharon Johnson
Lector: Jennifer Manion

Bread Maker

Vicki Theede

March 22, 2020

8:00 am

Greeter: Karen Baker
Usher: Carol Perrin
Lector: Gerald Anderson

9:30 am

Greeter: Lisa Gustafson
Usher: Kathie Schleif
Lector: Margaret McBride

March 29, 2020

8:00 am

Greeter: John & Rose Hass
Usher: Smith/McBride
Lector: Joanne Eittreim

9:30 am

Greeter: Will Remus
Usher: Smith/McBride
Lector: Monica Ahlman

Council Rep

8:00 am Ronda Fenlon

9:30 am

6:00 pm

Altar Guild

March 1 & 8 Hansen/Bauer
March 15 & 22 Donna Larsen
March 29 Nancy Johnson

¹¹For surely I know the plans I have for you, says the LORD, plans for your welfare and not for harm, to give you a future with hope. ¹²Then when you call upon me and come and pray to me, I will hear you. ¹³When you search for me, you will find me; if you seek me with all your heart.

Jeremiah 29:11-13

Long Lake Lutheran Church
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