### Long Lake Lutheran Church

### May 2021

**Sunday, May 2nd** June Brubaker Baptism 10:00 am Youth and Education Meeting 10:00 am Worship & Music Meeting

Monday, May 3rd 12:00 Funeral-Jim Johnson

Wednesday, May 5th 6:30 pm Thrivent Presentation "Budgeting For What Matters Most"

**Saturday, May 8th 11:00 am Anne Hauge Funeral Church Clean Up 9:00 am Bloom & Groom 12:00 pm** 

**Sunday, May 9th** Norah Larsen & Harvey Bartz Baptism 10:00 am Mission Team Meeting

Wednesday, May 12th 5:00-6:00 pm Winner, Winner Chicken Dinner

Saturday, May 15th 11:00 am Graveside Memorial Service-Robert Stanius

Sunday, May 16th 10:00 am Stewardship Meeting

Tuesday, May 18th 7:00 pm Zoom Congregational Life Meeting

Thursday, May 20th 6:30 pm Property Team



Christ Centered Purpose Balanced Mission Driven

3921 277th Ave NW Isanti, MN 55040 p 763-444-5315 Longlakeluth.org





<sup>58</sup>Therefore, my beloved, be steadfast, immovable, always excelling in the work of the Lord, because you know that in the Lord your labor is not in vain.

1 Corinthians 15:58

### Staff

Organist	Kristy Anderson	763-300-0167	kristy.anderson@co.isanti.mn.us
Wedding Coordinator	Carol Perrin	952-220-2684	carol.perrin.cp@gmail.com
Custodian	Randy Lilleboe	612-222-7024	

### Council

Chairperson	Kara Hepp	763-350-0250	kara@larsengardens.com
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Worship & Music	Rachel Maguire	701-330-3434	rachelmariemaguire@gmail.com
Youth	Margaret Bauer	612-221-5922	jjtbmab@aol.com



**Revelation 21: 1-5a "**Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. <sup>2</sup> And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. <sup>3</sup> And I heard a loud voice from the throne saying,

"See, the home of God is among mortals. He will dwell with them; they will be his peoples, and God himself will be with them; <sup>4</sup> he will wipe every tear from their eyes. Death will be no more; mourning and crying and pain will be no more, for the first things have passed away."

<sup>5</sup> And the one who was seated on the throne said, "See, I am making all things new."

As many of you know, I have done a great many funerals in the past year and a half. 27 last year, 9 already this year; and four scheduled in May. (along with 2 weddings!) I often get asked if that wears me down. It is because of the Revelation to John that I am encouraged every time to be able to confidently say to the family who has lost their loved one, that we are "Resurrection People!" I use this text often in funeral and memorial services because of this great promise: God will be with them, "he will wipe every tear from their eyes. Death will be no more!" Every human's story has a beginning, birth, and an ending, death. In the Revelation, we are treated to the new beginning of God's story which began in Genesis and ends in Revelation. Then, all things are made new! And, God's story begins again for eternity.

Throughout this past year of pandemic, rough politics, protests and drama, we have had to rely on our faith in God to see us through these most difficult times. We have had to change the way we did church and we lost out on some of our most treasured traditions. i.e. spaghetti dinner, Easter breakfast, Live Nativity. Yet, through this good news found in Revelation, we know that God has been with us all the way. If we have not come out on the other side of the pandemic changed people with changed thinking, we have missed something. There is a lesson here. When we rely solely on the world to satisfy our longings, we never are completely satisfied or fulfilled. We felt it when it all disappeared. When we put our trust in God, God's promises, and God's saving grace through Jesus Christ, we are set free and can enjoy all that God offers to us, His children. I believe that people will crave church and the fellowship we offer as the pandemic winds down. We will need to be extra aware of newcomers; we will need to be even more inviting and welcoming than we already are. We are on the precipice of something new and great. Our visioning has given us insight into the wants and needs of our faith family and we are poised to begin to grow and develop for the work of ministry that God has envisioned for Long Lake Lutheran Church. Our story, which began more than 125 years ago continues with promise and excitement. It will come with challenges, of course. We will need someone who is moved and motivated to rise up to lead the building team and someone to lead the fundraising campaign. I ask you to pray about these two important jobs. We will all have to pitch in to help whoever God calls to lead us in a new and exciting building project.

God has a way of making "all things new." We can reinvent what our property, our worship space, our education and fellowship spaces can become. It is time. Our current mortgage will be paid off before the end of this year! Amazing! Great work! I hope you catch the excitement of new possibility. I pray that others in our surrounding area, rural and city, will catch the excitement and want to be a part of it. "See, the home of God is among mortals.

He will dwell with them; they will be his peoples, and God himself will be with them."

I invite you to embrace that thought, whether you are dealing with grief, struggling with an issue, looking to the future, envisioning what God has in store for you and for us, or considering how you can help. We are God's people! We are "Resurrection People!"

### "Creamy Waldorf ala Evelyn"

2- 30z pkgs lemon flavored gelatin
2 cups boiling water
1 cup cold water
1-18 oz can ready to serve vanilla pudding (or you could make it)
2 medium unpared apples cored & diced (2 cups)
1/2 cup chopped celery

1/2 cup chopped walnuts

Dissolve gelatin in boiling water. Stir in cold water. Chill 'till partially set. In mixer bowl, combine the chilled gelatin and the pudding. Beat 2 minutes at medium speed with electric mixer. Chill 'till mixture mounds when spooned. Fold in apples, celery and nuts. Pour into 7 or 8 cup mold. Chill 'till firm, 6 hours or overnight. Garnish with greens. Makes 10-12 servings.

### Make sure to be here Wednesday, May 5th Worship 6-6:30pm Thrivent Presentation 6:30-7:15 pm with Leif Erickson "Budgeting for What Matters Most"

Presentation will include:

- 1. Understanding one's values and the role they play in decision making.
- 2. Setting Meaningful Goals
- 3. Understanding Spending and how this one step can mean the difference between Financial Wholeness vs. Lifestyle Servitude
- 4. The Secret to Success Money is not a Goal, it is a Tool.

### **DIRECTOR OF YOUTH & FAMILY MINISTRY SHAWNA BERG**



I've entered into a new phase of parenting, as my oldest son is preparing to graduate from high school this spring. This means we are having a lot of lasts and a lot of firsts. Many of these come with a lot of emotions. We've gone through the college application and search process for the first time, as well as the financial aide process. We are preparing for the first prom (a different kind of prom, but a prom), figuring out what to bring to college. We will also have endings, high school graduation, senior recognition nights for school and sports and a myriad of goodbyes as friends head off to different schools and plans after graduation.

It is so important that we think about the ways we mark these important milestones in our lives, and that we invite God into that process with us. I've spent countless days and nights praying for my children. Since they were tiny, we have ended each night, with a blessing – where I make the sign of the cross on their forehead and say "God bless you and keep you in God's love, Jesus loves you, and so do we." I've always felt that I wanted the very last thing they heard each night to be that they are loved, by the God of the Universe, and me. Every night, my son, even after an evening out, my son will come into my room to receive his blessing, and bless me in return. This weekend, after he had been out, and came in for his blessing, I realized that next year, we would no longer have this nightly ritual. Since I don't think he or his roommate will appreciate me calling each night to give him his blessing, I started brainstorming other ways, I can send this blessing with him as he heads off to college. Even when he is far from me, I want him to know that he is always loved, I want him to always know the love of God, and my love, especially at a time when he is finding out who he is, apart from us.

It is a message we all need to be reminded of, and reminded of often, because we all forget. We get caught up in the day to day tasks of living, and, we often don't feel that lovable. So we need to hear it again and again and again. Research experts say you often have to do something for at least 30 days to make something a habit, this is true for a new diet, an exercise program, a daily discipline of some sort. I think 30 times isn't near enough times to hear that we are loved.

So I'm off to contemplate how to make this blessing tangible as he heads off to college, in a non stalkerish mom kind of way, meanwhile, know that you are loved, today and always.

Scholarship information is available on the website. Anyone who has completed at least one semester of college is eligible. The deadline for applications is May 31st! Also, there is a \$500 scholarship available for any student looking to get their boiler's license, contact Shawna for more information. This has been given in memory of Marv Evenson by his wife Colleen.

### WINNER, WINNER, CHICKEN DINNER

Have you missed our Wednesday night Chicken dinners? We have! Join us on May 12th for outdoor worship and a chicken dinner (this fundraiser replaces our Easter Breakfast). Dinner will be from 5-6 p.m. and Worship at 6 p.m. Reserve your Dinner by Contacting the office. Dinners will be \$10 a person



Rocky Railway VBS June 14th-18th 9:00 am-12:00 pm Ages 3 yo-5th grade

We are excited to be able to offer VBS this summer! Check the website for sign up information and check with Shawna about any questions you have!

We are looking for volunteers of Confirmation age students, high school students, and adults to help us our with our railway adventure! Check the website for more information if you are interested in helping out!

### Council Minutes 4/17/2021

### Long Lake Lutheran Church

### **Council Meeting Minutes**

### April 17, 2021

Attendees: Pastor Sue Olson, Kara Hepp, Ronda Fenlon, Dan Peterson, Rachel Maquire, Amanda Saelens, Dennis Wanless, Julie Nielsen, Shawna Berg, and Margaret Bauer

Meeting called to order by Kara at 1105am

Christ candle lit by Pastor Sue

Devotions: Margaret – Friendship as a Blessing

April Agenda shared/reviewed

Approval of March Minutes-this was done previously via email by all attendees

### **Staff Reports**

Shawna shared she received some positive feedback for our Easter and Advent bags and this may be something we can continue with bringing "the church into our home". She shared more information regarding our Intergenerational Mission trip.

Pastor Sue shared that she tries to utilize Fridays and Saturdays as her days off but sometimes (more often than not) this is when pastoral duties are needed. Council shared their appreciation of her report and is glad that sometimes she gets time off that is deserved.

### **Team Reports**

Thanks to the teams who were able to send reports prior to meeting.

**Worship/Music**- It was felt the summer would be great to do outdoor worship with the use of speakers. Pastor Sue shared the background regarding the request for new hymnals from the worship and music team. We currently use the music. We are not able to print the music from the Reclaim book. We would increase our songs by approximately 600. This was discussed by team how this has been handled historically and what our options for our Reclaim books would entail.

**Finance**-Dennis will bring to the finance team the need for a process of "memorials" and bring back to next council meeting. A request was presented regarding the need to have the giving expenses of 2019 and 2020 for a reference point.

**Property**- Dan shared team take a ways from this week's meeting. They are currently getting bids for the parking lot. Pastor Sue asked if a sign could be made for visitors to know that the drive near the cornerstone is *not an exit*. It was also asked if we could revisit the need to have the pews professionally cleaned-Dan will follow up and bring back to council. Dan will also review the cleaning schedule and update Randy as needed.

### Support Shawna/Pastor Sue

Volunteers are needed for services. Kara shared how this has been handled historically. Pre Covid- a volunteer (Margaret McBride) shared; it took approximately half a day to contact congregation members for a 3 month schedule. Pros and cons were shared regarding the process of scheduling volunteers and calendar sharing could be handled going forward. Ideas of having "teams" rotate Sundays were presented as an option. Pastor Sue will bring this to staff and begin the process. More information will be shared at next meeting.

### **Recommendations from the Taskforce**

Task Force team agreed that hymnals were safe to put back in the pews. They are not suspected to be a cause of transmission at this point and can be used. Team is asking how often the cornerstone is going to be used if opened. Property will need to review heating and water if approved. Discussion of who would be cleaning and the need to update the COVID plan to include the change. Education team does not need the space at this time. Ronda will follow up with Quilting members and share feedback. Capacity is not a number for faith based organizations but based on safety of 6 feet between family units. There is clarity regarding small groups which is now 15 versus 10-information from the MDH website states "Indoor gatherings are strongly discouraged but are permitted up to a **maximum of 15 people from any number of households**. However, members of different households **must still maintain six feet of separation** from each other." Council would like for the task team to review how we can safely do communion at the altar.

**Technology-** Kara shared information that the team is currently taking inventory as a 1<sup>st</sup> step in regards of our needs and access. They were able to turn off "public Wi-Fi" during streaming for better recording. The soundboard (IPad) had some connection errors. This has been resolved and Shawna is in the "know" of troubleshooting in the future.

**Credit card approved signers for bank document-** historically this includes staff and property chair –we will continue with this process-Kara/Dennis will complete form with approved signers and title/position and return to bank

1<sup>st</sup> motion made by Ronda Fenlon

2<sup>nd</sup> motion made by Dennis Wanless

**Discussion none** 

Motion passed

**Vaccine Site**- Isanti County Public Health will use Long Lake Lutheran parking lot as a vaccine site on Thursday April 23 from 4-6pm. Shawna and Jen will be here for any needs. Ronda will also help. How AWESOME-more vaccinated people!!

**Softball field**-A church has reached out and requested to use our field for practice and games. Discussion of our playground, liability, and equipment needs. Dan (Property team) will check with insurance and contact requesting church.

- Review of Master Calendar
- May devotions-Dennis Wanless
- May Council Reps

9a Sunday Amanda S

6p Wednesday Kara

The meeting was closed with the Lord's Prayer.

Meeting adjourned at 118pm 1<sup>st</sup> motion made by Dennis Wanless 2<sup>nd</sup> motion made by Dan Peterson Discussion none Motion passed

Respectfully submitted, Margaret Bauer



### Hello May!

Things are sure greening up around here! All of the April showers are sure to make things come alive!

On April 17, our Council came together at Erickson's Farmstead for a full day of team building, dedicated prayer, and council work. We thoroughly enjoyed the time spent getting to know one another, the dynamics of our team and the heartfelt conversations that was had. We truly have a group of amazing people who dedicate their time to the improvement and direction of our church. I can't say enough about each person's passion and the energy that they put forth to either volunteer, organize, brainstorm, and/or lead each of the efforts that it takes to not only make this church operational, but allow it to THRIVE. I am beyond proud to be part of this and would invite anyone who is interested in doing so to reach out and get involved. I know I said it at the retreat – but to this group of people – THANK YOU! Your involvement and dedication is beyond inspiring!

I'm also excited for the Bloom and Groom (5/8/21) and Chicken Dinner (5/12/21 events as well as the kick off of our new worship volunteer teams this month!! So many ways to serve and give!



## EDUCATION Amanda Saelens

Another month has gone by in our altered way of life and it seems to be going so fast. Children's education is almost over for the school year. As the surrounding schools adjust their learning styles based on the most recent numbers, we hope we can finish out the year in person, but will make a change if need be.

For those who enjoyed the children's Easter bags made for last month's holiday, we are hoping to do something similar for Christmas. I know that seems to be so far away, but time seems to be in acceleration mode.

Mark your calendars for <u>June 14th-18th</u>. We are planning for Vacation Bible School this summer! There will be more information coming out soon, but with the way summer calendars fill up, we are hoping you'll save a spot for this fun event. We will be looking for both participants and adult volunteers to help out.

Psalm 37:29 The righteous shall inherit the land and live in it forever.

How true this is. God has created a beautiful land for us and it is our duty to keep the land for future generations.

lie Nielsen

Everyday I am amazed at God's amazing creation—the birds, the flowers, the trees and the waterways. Whether I am running errands, headed to appointments, going to church or whatever I am amazed at beauty I see-in the spring the budding of the flowers, the trees turning green, the ice leaving the lakes everything opening up. In the summer the growing of the gardens and crops, the fall the leaves changing color, getting ready for their long winters nap and winter even tho I am not fond of the cold and snow-especially ice, I can see God's work at the beautiful scenery around me.

I have become more aware of the birds-especially the eagles as they soar thru the air and the birds, I see at the bird feeders.

Remember stewardship is not just a church thing—it is also a community, or neighborhood thing. Let's all do our part and keep the creation of God's for the future generations.







The worship and music team is busy planning for summer. We would like

The worship and music team is busy planning for summer. We would like so to have frequent outdoor/parking lot services. We are working with MN adult and teen challenge to be able to safely host a small group this summer. Spoke Folk is not doing a MN tour this summer so it will be another summer without them visiting our church.

Also, we have brought it to council and it has been approved that we start the process of buying new hymnals. We will continue to use the With One Voice hymnal and then buy the red ELW hymnal to use with it. We have been using the online version of the red hymnal this last year to be able to print songs in the bulletin.

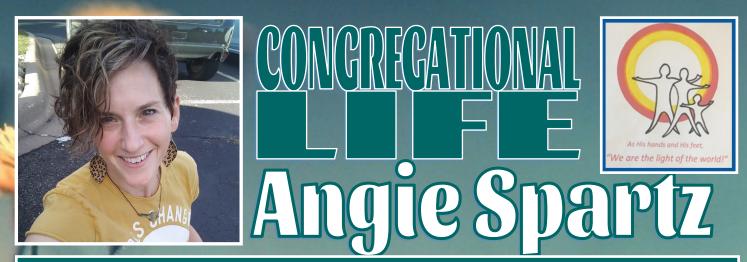
Our next meeting will be May 2 at 10:00 am. We are meeting the first Sunday this month; normally we meet the second Sunday of the month but we did not want to meet on Mother's Day in May. Please join us!



We got our shots—mine at the St. Cloud VA and then two trips to Thief River Falls (at -31 degrees!) to get Sharon's. Feeling pretty safe, we then headed to Arizona for 6 weeks of fun in the sun—and had a great time. We returned to Minnesota to be met with cold and windy April weather. Now it's back to work on church projects...

Currently, we are working on updating our insurance coverage and will make a presentation to the Executive Board soon. The Finance Committee will be meeting in the near future to review first quarter financial results and establish our workplan for the remainder of the year.

# Dennis Wanless



It has been so fun having the opportunity to have fellowship outside after service now that the weather is warming up!

The Congregational Life, Property, and Youth teams have been working hard to get all of the details ready for our **"Let's Bloom & Groom" Event** on **May 8th**.

### Here's how the day will look:

The Property team (and anyone else who wants to help!) will start in the morning, and at noon everyone who wants to help out with Community Bloom and Groom can come to church to join! Lunch will be served, and then we will divide into groups to go to the houses of community members who have said they would love our help sprucing up their yards for spring. If there's still projects to finish at church, some will stay to Bloom and Groom our church.

It's going to be a great time connecting and being God's hands and feet through serving. I hope you can make it!

Please reach out to the church office or to Angie (952-240-7948 or <u>spartz.angie@gmail.com</u>) if you would love help sprucing up your yard or if you have any question about the event.

### WORSHIP TEAM SCHEDULE

May 2nd—Ronda Fenlon, Bell Family, Spike Family May 9th—Sharon Hicks, Dennis Wanless, Dave & Melanie Ringstad May 16th—Julie Nielsen, Pat Meyer & Pat Weiss-Meyer May 23rd—Amanda Saelens, David & Alli Rock May 30th—Harley & Madge Lillemoen, Dave & Karen Baker June 6th—Linda & Carlee Oliver June 13th—David & Alli Rock June 20th—David & Alli Rock

These worship teams need a little help! Sign up today to help support our Sunday worship!

It's still not too late to sign up for softball! The team needs all the support it can get, consider coming out, enjoying the weather, and having some fun!

### LET'S PLAY BALL!!

Schedule of Softball Games for May!

**Tuesday, May 4 7:00 pm** Long Lake v. North Isanti Baptist Long Lake Field

**Tuesday, May 11 7:00 pm** Long Lake v. ROC 2 Long Lake Field

**Tuesday, May 18 8:30 pm** Long Lake v. Eagle Brook Sandquist Field 2 (Late)

**Tuesday, May 25 7:00 pm** Long Lake v. New Hope Cambridge Long Lake Field

Come out and play! Let's support our team!



Hello everyone! I love seeing the green grass , trees blooming, flowers popping up, and the birds singing- Spring is definitely here. Our youth are so excited about starting some of their spring sports at school and all that spring brings.

Our worship space looked so beautiful during Easter with all of the plants. Thanks to all who order plants!

Parents/youth please use the online sign up Shawna sent for acolyting or you can connect with myself or Shawna! We love to have you participating in our worship service.

We are looking for some youth or youth families that would like to volunteer for the "Bloom & Groom" event on Saturday, May 8th 9:00am-3:00pm. We will be doing some clean up at the church, having lunch and then doing some light yard work at the homes of those needing help Please let us know if you need something done or know someone who does. Examples are: raking, sweeping, re potting plants, picking up sticks, gardening, etc. This is a great opportunity to get some service hours!!!.

We are rounding the corner for the end of Confirmation. Our last Wednesday education night is May 12th. We will be having worship outside and offering "chicken dinner" that evening to celebrate. We need you to place your order before May 12th. There is a sign up sheet in the Nathex or you can call the office. Dinner will be from 5-6 p.m. and Worship at 6 p.m. The cost is \$10 per meal.

Thank you all for the "LOVE" offering and supporting our mission trip! Your generosity is so greatly appreciated. These trips can be life changing and how wonderful that our youth get this experience.

Our next youth meeting will be May 2nd after service! We would love for you to join us and share any ideas on how we can support our youth!

Youth council rep,

Margaret





## PROPERTY Dan Peterson

Greetings to you all. I hope this months Spire finds you and your family well.

Spring is trying to spring once again here in the great State of Minnesota. Like in past Aprils it is 70 degrees and sunny one day – and, trying to snow the next. So, we get our boats out of storage – but, keep our snow shovels handy. Nevertheless, it is Springtime and I need your help to get our grounds and building cleaned up.

We have nailed down a Spring Clean-up day – and, it will be on Saturday, May 8<sup>th</sup> – starting at 9:00am. Bring your tools, rakes, leaf blowers, mowers, brooms, etc. – oh, and your smiling faces – and, let's cleanup the property that we have been so blessed with. Someone suggested that we meet at 9:00am – and just hear the ideas of the congregation – and, I am certainly open to that – if people are interested in doing that when we arrive. I am always interested in hearing your thoughts and ideas.

Some of my ideas:

Mow less grass – and, add areas with pollinator garden(s) and areas of native prairie grasses.

Add some solar spotlights that would illuminate the stain glass windows in the sanctuary from the outside at night.

I have a company that does professional exterior building cleaning – that I am going to get a quote from – and, hopefully get the entire exterior of the buildings cleaned – as needed. So, maybe we can wait on any window cleaning – and re-access that need after that cleaning is completed.

Just a reminder – the Property Committee Meetings are on the  $3^{rd}$  Thursday of the month at 6:30pm – so, put May  $20^{th}$  on your calendar. We'd love to have you and your ideas present. My goal is  $1 - 1\frac{1}{2}$  hours – and everyone is welcome!!

Finally, many people have been helpful in our congregation with maintaining our property and keeping things functional – but I want to recognize Gerald and Connie Anderson this month for going above and beyond with their passion and efforts – maintaining and organizing the Cornerstone Building. Thank you, Gerald & Connie!!

See you all on Saturday, May 8<sup>th</sup>!!

Thank you for your ongoing support. I'm excited to see where God leads us, Dan

1 Peter 4:7-11

As each has received a gift, use it to serve one another, as good stewards of God's varied grace; whoever speaks, as one who speaks oracles of God; whoever serves, one one who serves by the strength that God supplies – in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen.

# MISSIONS Ronda Fenion



### **Missions Spotlight May 2021**

Family Pathways provides access to healthy food for families and individuals in crisis. With the support of the community Family Pathways actively works to correct disparities to ensure all people have what they need to achieve and maintain health, well-being and prosperity.

Preferred Food Donation List

Fresh, frozen, or canned fruit apples, oranges, mixed fruit, pears
Fresh, frozen, or canned vegetables green beans, corn, mixed vegetables
Bags of potatoes, carrots, or onions
Whole grain pasta, rice
Baking and cooking items vegetable oil, flour, sugar, spices
Canned meats tuna, chicken, salmon
Hearty soups chunky soups, stews, cream of mushroom soup
Peanut Butter
Personal hygiene and household cleaning products\

Family Pathways works alongside people to enhance lives through a continuum of essential services and together with the community—champions positive social change.

Aging Services

Homemaking Support for Aging Adults

Caregiver Support

- Domestic/Sexual violence Services
- **Emergency Domestic Violence Shelter**

**Community Advocacy** 

- Intervention Programs
- Support Groups for Women
- Local Legal Aid Resources
- Food Equity & Access
- **Food Shelves**
- Mobile Food

Backpack Program Summer Meals Supervised Visitation

Thrift Stores

Share your life experiences, skills and passions in and for your community. Every day, Family Pathways has opportunities that create positive change in East Central Minnesota and Western Wisconsin.

Explore volunteer opportunities or find a project that's right for you:

- Stock shelves at our food shelves, help select food for our clients and learn about other resources.
- Donation Pickups -Drive to different locations and pickup daily food donations for our food shelves.
- Drive and serve through our Mobile Food Truck.
- Community & Sexual Assault Advocate Gain skills necessary to provide crisis intervention and advocacy services to victims of domestic violence and sexual assault.
- Merchandising/Displays Help with customer service and visually merchandise new products.
- Donation Processing Cleaning, sorting, pricing and making bails for recycling.
- Doorstep Delivery- deliver food to our clients in our different service areas.
- Homemaking- help clients with light housekeeping, laundry and assist with activities.
- Groups Host a service event at any of our locations.
- Skilled Assist in administrative tasks, special events and data entry.



### A.A. Step By Step

Step Five Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Unless we discuss our defects with another person, we do not acquire enough humility, fearlessness, and honesty to really get the program. We must be completely honest with somebody. Step Five prepares us and can be taken and read to a sponsor, doctor, lawyer or a member of the clergy. For some it is best or easier to go to someone unknown. Also remember, if one of your defects requires mandated reporting, it is important to go to someone that has to legally keep your secret.

Confession is an ancient discipline. It has been validated in every century and characterizes the lives of all spiritually centered and truly religious people. Without exposing our deepest defects to another individual we could not stay sober.

The Fifth Step is both humbling and freeing. Once the Fifth Step is over, we never need to have any more shame or guilt about anything we have done in the past. We are free. This step is about healing. It is also about starting over. The fruits of a wellexecuted Fifth Step are relief, forgiveness and healing. A Twelve Step Expression, "We are as sick as our secrets" applies here. The phrase means that when our secrets are kept secret they fester and create problems for us. Only when they are revealed can they be healed.

Once the Fifth Step has been completed we are ready to begin a new and exciting beginning in our lives. Almost without exception alcoholics are tortured by loneliness. Step Five was the answer. It was the beginning of true kinship with man and God. For once we can be free of that terrible feeling of isolation.

This vital step also gives us the feeling we can be forgiven no matter what we had done and we are finally able to start forgiving others.

~ 24 Hours A Day ~ AA Big Book ~ Twelve Steps & Twelve Traditions

ite	Birthdays	
5	Henry Budnick	
	Ernie Sandahl	
	Glenna Sorenson	
6	Noah Maguire	
	Brian Manion	
7	Jessica Larsen	
10	Cullen Bartz	
	Andrew Splettstoesser	
12	Maya Anderson	
13	Morgan Engren	
14	Sam Anderson	
	Samantha Bauer	
	Thomas Hill	
	Warren Stock	
	Dale Strike	
15	Richelle Wynne	
16	Jamison Snidarich	
17	Doug Larson	
18	Evan Puck	
	Katelyn Schleif	
19	Lori Wald	
	Donna Ziemann	
20	Jake Dufeck	
21	Mark Anderson	
22	Will Larson	
	Yvonne Miller	
	Dylan Monroe	
	Jayden Peterson	
	Shane Wald	
23	Laura Hill	
	Justin Overby	
24	Steve Anderson	
26	Kaitlin Fleischer	

- 27 Jacek Greene Violet Sonsteby
- 29 Mollie Brown Nathan Hass Jennifer Jensen
- 31 Pat Weiss-Meyer

### Date Baptism Anniversary

- 1 Brian Manion Payton Bettinger
- 2 Alex Hylen
- 3 Delilah Anderson
- 4 Ceceilia Netzer
- 5 Peter Stanius
- 8 Matthew O'Keefe
- 11 Amanda Saelens Ben Westover
- 16 Carrie Englund
- 18 Richard Hansen Parker Matson
- 19 Lovey Gilbert Victoria Zupancich William Zupancich
- 20 Kennidy Kappes Jarek Scheller Wilder Anderson
- 21 Amelia Sonterre
- 22 Logan Anderson Troy Breuninger
- 27 Levi Miller
- 28 Kristy Anderson Kathy Findell
- 30 Maureen Spike

### Date Anniversary

- 1 Betty & Ernie Englund
- 2 Danielle & Ryan Nestrud
- 5 Yvonne & Ken Miller Marcia & Jon Westover
- 9 Jason & Jennifer Sonterre
- 13 Todd & Kerri Hill
- 18 Richard & Jean Hansen
- 19 Wayne & Becky Olson
- 24 Claudia & John Hanson
- 26 Martin & Lisa Lynn
- 27 Richelle & Brian Wynne June & Conrad Huge

### Birthdays, Baptism Anniversaries, Wedding Anniversaries

#### Date

#### May 2021 (Central Time - Chicago) 15 22 Wedding-Mike and Manda 29 -80 2 Wedding Offsite Aunikka 12pm - Bloom and Groom **Funeral Robert Stanius 1pm - Memorial Phillip 11am - Funeral Anne** Sat 21 28 30 14 4 Ē 20 13 27 29 9 3 6:30pm - Council Meeting 6:30pm - Property Team Thu 28 26 12 19 2 2 6pm - Worship in person 5pm - Chicken Dinner Wed 7pm - AA-Contact Office for 11 7pm - AA-Contact Office for 7pm - AA-Contact Office for 25 7pm - AA-Contact Office for 27 7pm - AA-Contact Office for 4 18 7pm - AA-Contact Office for 7pm - Congregational Life Tue 26 12pm - Funeral Jim Johnson 10 17 24 31 ო Mon Long Lake Lutheran Church, Contacts 25 16 23 30 10am - Congregational Life 2 6 10am - Worship and Music BAPTISM BRUBAKER 10am - Stewardship 10am - Youth and Sun 9am - Worship 9am - Worship

MAY CALENDAR

Long Lake Lutheran Church 3921 277th Ave NW Isanti, MN 55040

<sup>27</sup>And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

<sup>28</sup>We know that all things work together for good for those who love God, who are called according to his purpose.

Romans 8:27-28