

Long Lake Lutheran Church

October 2019

Country Spine

Sunday, October 6th

MN Adult and Teen Challenge

Wednesday, October 9th

7:00 pm Thrivent End of Life Strategies

Wednesday, October 23rd

7:00 pm Medicare Insurance Presentation

Ben Baumann

Saturday, October 26th

10:00-11:00 am Confirmation Rehearsal

2:00-4:00 pm Trunk or Treat

3:00-7:00 pm Congregational Bonfire

Reformation Sunday October 27th

Wear Red!

8:00 & 9:30 am Worship Service

11:00 am Confirmation Service

Don't forget to fall back November 3rd!



Christ Centered

Purpose Balanced

Mission Driven

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Isanti, MN 55040

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Longlakeluth.org





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*Let the words of my mouth, and the meditations of my heart be pleasing
to you, O Lord, my rock and my redeemer. Psalm 19:14*

Staff

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PASTOR

Sue Olson

From the desk of Pastor Sue...

One of my friends and mentors happens to be Bishop Tom Aiken from the North East Minnesota Synod of the ELCA. Recently, on Facebook, he wrote tips for discussing controversial issues as a Christian. He has given permission to share them.

Things I've learned about Controversial Subjects Bishop Aiken's tips for discussing issues as a Christian

Our church, the ELCA (Evangelical Lutheran church in America) is a church I am proud to be a member of, and proud to serve and lead in as a pastor and Bishop. We aren't perfect, what sense does that even make to a Lutheran and to all who understand that we are both saint and sinner, at the same time in this life?

One thing we do that I am glad for – even when it brings some consternation to some – is that we don't duck and hide when real, down to earth, tangible, everyday problems in our world directly intersect with our faith and Christian values. Whether it is immigration, the environment, Middle East Peace, marginalized peoples, justice issues, human sexuality, poverty, sexism, etc... I am glad for those who are genuinely trying at least, to address both the evil around us, and the complex problems our society and church deals with. (You may want to see the ELCA Social Statements @ ELCA.org) But the best way to engage in addressing these issues is through that powerful Christian word, "love." Here are some tips I've learned along the way:

1-You and I don't know everything

From Scripture; 1 Corinthians 13:9-12

"For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways; For now we see in a mirror dimly, but then we will see face to face. Now I know only in part; then I will now fully, even as I have been fully known."

2- Be curious, not furious

Having been to a few church basement meetings during the past 11 years as Bishop during some controversial seasons, I can tell you I have seen both the curious Lutheran, and the furious Lutheran. They both exist inside me as well. But being curious is better any day of the week. Curiosity seeks to learn, not remain ignorant.

3- The people you will discuss/argue with are made in the image of God - just like you. Be careful with your words. I've learned that, and have to keep learning it. Words can give life and words can kill. Words chosen carefully will draw out more intelligent conversation. Our Lord never asks us to be stupid – as one of my colleagues says regularly! He did say “be wise as serpents, and harmless as doves.” (Matthew 10:16)

4- Hurt and Anger are twins.

Keep that in mind when someone (or you) begins to speak loudly.

I learned this while teaching “Death, Dying and Grief” at the Community College years ago.

When someone lashes out in anger, beneath it is probably a hurt. It may be a recent one; it may be an old one we have never dealt with. Don't let your anger-jag keep you forever guilty, nor let it empower you to get louder and more self-satisfied. Take it to God in prayer; ask God what is going on inside you. One way I talk about this is to take your own inventory (flaws and gifts) often, so that you get to know yourself better. You will be a better communicator in the end. When someone else is yelling – ask yourself: I wonder what has hurt this person, I wonder if I can demonstrate empathy and compassion?

5- Be Patient

Patience is already being formed in you, and it helps to know and trust this. The job of the Holy Spirit is to form Christ in you. And that is happening, all the time, Thank God! So use this patience in your dialog with others. “The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control” (Galatians 5:22)

6- Truth is many faceted.

Recognize that while the other person has a different viewpoint, there may well be an element of truth in it. Find it. State it. See how the anxiety goes down and the thinking goes up! And when you are convinced of your truth, say it in love, not anger or one-upmanship. And remember, you can have an unspoken thought!

7. Love trumps everything else.

I don't mean love as a mushy, innocuous, romantic sentiment. I mean our Lord's love. Remember you are claimed as a Child of God, under God's reign and God's values. It was Christ, the 2nd person of the Trinity you were joined to in baptism by the Holy Spirit, and you received his grace, courage and love. You were grafted into the church in baptism as well, with all its goodness and all its flaws. And the greatest good in the church, is the power of love. A huge part of the strength of real love is the ability to also say, “I'm sorry, I made a mistake, I ask your forgiveness. Can we continue to talk, and learn together? ”

I would like to add that, as Christians, called to love one another and forgive as we have been forgiven, we know what we are supposed to do. But, we don't always do it, because it is hard! Fortunately, God gives us the strength we need to love and to forgive if we only humble ourselves enough to ask Him. For some, it is easy to admit wrong- doing, and for others, it is nearly impossible. The rest of us fit into the middle somewhere. I invite you to spend time in conversation with God. Ask God to open your heart to allow you to let the love flow out. (Pastor Sue)

Director of Youth and Family Ministry



Shawna Berg



Fall is my favorite time of year. I love the cooler weather, the beautiful fall colors and the start of a new school year. Even though I myself haven't been in school for many, many years I still have an urge to go clothes shopping every fall because I have this sense of wanting a fresh, new start. My husband and I got married in October because, for me, it seemed like the perfect month to make a new covenant and a fresh start. I typically set goals for the year in the fall, and then revisit them in January, because that fits the rhythm of my life better than setting all my goals in January – and maybe that is true for you too?

Now that the kids are back in school and everyone is getting back into a regular schedule it is a great time to set some goals with your family about what faith practices you will do together as a family. Even if you don't have kids at home you can set some new faith goals!

1. **Incorporate family or individual devotions or quiet time.** Find a devotional book to read together or a Bible reading plan for your family or yourself to work through. Designate 15-30 minutes a night (or start with once a week if this is new) for you to focus in on your devotions.
2. **Share your best and worst part of the day and pray for each other every day.** We share our "best and worst part" of the day every night at dinner. Not only does this provide a great dinner conversation, but this also gives a great place to know how we can pray for each other. If you live alone, find a prayer partner that you can pray for and check in at least weekly – share your best and worst part of the week and check in about the ways you can pray for each other.
3. **Incorporate the practice of blessing your family members every day.** Make sure your children and/or your spouse go to sleep each night knowing that they are loved, no matter what. Make sure they know they are loved by you, and by Jesus. Every night before my children go to sleep we do blessings, I make the sign of the cross on their forehead and say "God Bless you and keep you in God's love, Jesus loves you and so does mom, dad and then (depending on who I am blessing) your sibling) We have been doing this since they toddlers and babies, and they are 14 and 16 now, and even when it is late, they will come in my room for a blessing, After I bless them, they bless me and so we end the day knowing who and *whose* we are and that we are so deeply loved. It is my favorite part of every day. If your family lives far away you can take time each night to bless your family in your evening prayers.

4. **Enlist allies for you and your family on your faith journey.** Join a bible study or small group. Get your kids involved in your children or youth ministries if they aren't already. We can't help our kids grow in their faith if we aren't continuing to grow in our own faith. It is also key to enlist other adults to help support us in passing on faith to our children. Find places where this can happen. Make regular involvement part of the routine.

5. **Worship Regularly.** Commit to being involved in worship on a regular basis. Worship is an opportunity for us to honor and praise God. It gives us an opportunity to learn, reflect, and refuel. It is important to model worship to our children.

What other things would you add to this list? What might your faith covenant look like?



Silent Auction/Pie Social- November 27th —
We need donations of Silent Auction items for this very important youth fundraiser that will help fund our mission trip to Haiti this summer! IF you can donate a basket, or know of a business that might be able to donate an item or gift certificate please help us obtain items for this event! In addition we need PIES! Watch for sign ups for bringing pies to this event!



Don't forget to sign up on our sign up sheet in the Narthex to bring a trunk to our Annual Trunk or Treat, October 26th. The Golden Pumpkin is up for grabs for the best decorated trunk!

We also need donations of candy, there is a bucket in the Narthex to drop it off.

Council Minutes 09/09/2019

September 9, 2019

Church Council Minutes

Attendees: Matt L., Kara H., Jennifer M., Pastor Sue, Marsha W., Rachel M., Shawna B, Tammie D., Kathie S. and Ronda Fenlon.

Matt called the meeting to order at 6:37 PM

Jennifer led with prayer.

Jennifer made a motion to accept the agenda, Kathie 2nd. Motion passed

Marsha made a motion to accept August Council meeting minutes. Tammy 2nd. Motion passed

Pastor's Report -

Great celebratory party . 3 funerals, memorial here at LLLC 9,17,18 7PM for Kelly Hugo and a wedding. Meeting with Conference Pastor's. Meeting with 9 women in ministry in this area. Bible study for Fall "Making Sense of Martin Luther".

New member Sunday 9.29.19, 9:30AM Service. Welcome Bags available for Visitors.

Starting a Visioning Team in October.

Team Reports -

Worship & Music - will be moving the piano out of the conference center. Choir will be using the keyboard. We have two NON-working pianos that need to be removed and find new homes.

October 6th - MN Adult & Teen Challenge will be at both services. Special offering

Goal - Sunday Morning Worship Teams in place by January 1st.

Youth -

Confirmation Retreat - End of September

Successful Garage Sale

Trick or Trunk - End of October + Congregational Life Bonfire

International Mission Trip - Praying Pelican

Youth Lock-out November

Stewardship -

Pledge Sunday is the Sunday prior to Thanksgiving.

*Add all scheduled meetings & invites to the Master Church calendar. Reach out with dates to Jenn or Krista for support.

Property -

Many helping hands stepping in and helping with specific projects.

Aluminum Cans Wagon will be made available.

Congregational Life -

Researching Picture Directory 2020

Finance -

October 7th open meeting to review 2020 budget.

Positive income in August.

18 months left on the mortgage.

OLD Business -

3 outgoing Council Members, will need new members for 2020

Continued search for Property Team Leadership.

Rally Sunday Review - Service Project was fantastic, very successful event. Meaningful Worship Service. Photo's on the table were great. Muffins were yummy. Bingo was well attended.

NEW Business -

Please pray for Pastor Sue & Shawna.

Sherriff Chris Caulk visiting September 22 6:30-8PM - "Becoming a Godly Man in an UnGodly World"

Proposed Book Reading "Man Up" for Men's Group. Invited all Men from churches across the conference churches + Oxlip.

Intern's Office Use - Decision to keep the room

Garden - 4H Project/Youth 2020

Closed with *The Lord's Prayer*

Meeting was adjourned at 8:46PM

September Council Reps: 8AM Marsha 9:30AM Jen Wed, 6PM Kathie

October Council Reps: 8AM Ronda 9:30AM Rachel Wed, 6PM Tammie



COUNCIL PRESIDENT

Matt Lundeen

Say it isn't so! How could it be October already? Even though it was a very eventful summer, summer is already a memory for all of us. Most notably, we hired Pastor Sue, hired Shawna Berg as our full time Youth and Family Ministry director, and our youth went to Denver on their mission trip. We capped it off by celebrating with a very successful Rally Sunday!

As I sat in church last Sunday, I was thrilled to hear Pastor Sue announce that our Wednesday evening worship numbers were approaching Sunday attendance numbers. How wonderful! We offer three worship styles and all are well attended.

With all that is going on here, it is obvious that the heartbeat of Long Lake is alive and well. We have so many opportunities to become more involved here. I am grateful for all of the volunteers who graciously give so much of their time already. As I have said in the past, I would like to see more male involvement and leadership at Long Lake.

A couple weeks ago, Will Remus set up a meeting with Isanti County's Sherriff Chris Caulk. We had about 26 men in attendance. Sherriff Caulk and a few other deputies spoke about the importance of Christ in their lives. Sherriff Caulk also spoke about the importance of male presence and leadership at home and church. He noted how a few different men (non-family members) helped shape him into the person he is today.

As we approach Reformation Sunday, I am thankful for Martin Luther's leadership and insight to reform the Catholic Church, letting every single person know that Jesus died to save all of us, not just some...

As I think back to my days a youth here at Long Lake, I can distinctly remember many men of the congregation being involved in some capacity or other. Please remember, all of us adults are setting examples (good or bad) for the youth of our church. I encourage everyone in our congregation (especially the men) to be involved in a positive, helpful way.

God's Peace,

Matt

education

Jennifer Manion



Dear friends in Christ,

October is my favorite time of year. I love the leaves changing, the weather changing, and my house changing from summer to winter holidays. I thank God we have seasons and the ability to appreciate all we have.

I wanted to let you know my time as your education council rep has come to an end. I could run for another term, but I have some pressing family matters. I want to thank you all for your love, support and prayers through the past couple of years. Our education team needs a leader, someone who loves children, youth, and ministry. If this seems to fit you, please see me. I will be praying for YOU!

The children are working hard on bringing in supplies for the Children's Hospital. Thank you so much for all of your donations. We will be wrapping this up and starting "Birthday Bags" for the food shelf soon.

The new Sunday School rotation schedule is up and running. Do you have a knack for crafts, or an interest in science, do you love acting things out, or even like watching movies? Please see us! We are always in need of some volunteers for Sunday School or Wednesday nights. You wouldn't have to help every Sunday, just once in a while. I will be praying for YOU too!

High school "breakfast club" will be starting soon. This will be a discussion session led by Marcy and Margaret on Sunday morning. Yes, there will be breakfast too!! Please see Shawna for more details.

Here are some upcoming events:

October 6: Education meeting after service

October 13: Third grade bible presentation

October 26: Confirmation rehearsal 10am

October 26: Trunk or Treat

October 27: Confirmation service 11 am

November 3: Daylight savings

November 3: Education meeting after service

November 27: Pie social and silent auction

With Peace and Love,
Jennifer Manion



YOUTH

Tammy Dufek

High School Ministry

Breakfast Club – Join Marcy Stoeckel and Margaret Bauer on the 1st and 3rd Sundays of the month at 9:30 a.m for our High School Breakfast Club! We will meet downstairs in the Cornerstone during Sunday School time for make your own waffles, conversation and fellowship! Upcoming dates for Breakfast club will be October 6 and November 3rd! We won't meet on October 20th this month because of MEA. Hope to see you there!

Youth Pumpkin Decorating/ Pizza October 13th from -12-1:30 Join us as we carve pumpkins for our Trunk or Treat and brainstorm ideas for youth group meeting times and activities for the year!

Confirmation – 9th grade Affirmation of Baptism

Rehearsal and Pictures – October 26th at 10 a.m.

Confirmation Service – October 27th at 11 a.m

Trunk or Treat – October 26th from 2-4 pm. - We need lots of help to make this happen! We need people to decorate trunks, people to donate candy, and other helpers to help serve lunch and monitor games. Sign ups are available on Sign up genius on our link on the youth page, or at the welcome desk.

No Confirmation/Sunday school on October 16th/20th due to MEA Break

Bowling/Pizza- On October 30th our Confirmation students will be going offsite for pizza/bowling! Watch your e-mail updates for more details!



Upcoming:

Mission Trip to Haiti through Praying Pelican Ministries! We are so excited to travel to Haiti August 1-8, 2020 to help partner with a local church, Feed My Starving Children and an orphanage for food distribution on our mission trip for next summer. The cost will be \$925 + airfare. We are working on some final estimates on group airfare and a we will put out some more details on this trip. All people wanting to attend must reserve a spot with a \$200 deposit – this will be a youth and adult trip.

MOONLIGHT MADNESS
LOCKOUT
NOVEMBER 8TH
TALK TO SHAWNA
ABOUT AVAILABILITY

STEWARDSHIP

Kathie Schleif



Stewardship Mission Statement

To assist people to encounter, engage, and be changed by the following:

"It all belongs to God. I am a steward. How I live with money is a faith issue."

Thank you for sharing your time with Long Lake Lutheran. Thank you for sharing your talents. Thank you for sharing your treasures. We all have something to share being God has provided all that we have in our daily lives.

The stewardship team has decided to continue sending out envelopes quarterly. If you do not wish to receive them and are giving another way please let the office know at 763-444-5315 and they will update your information.

Please update any changes you have with your address, email, phone numbers etc. with the office or check the folders in the narthex and find your info and update and place in the box next to it.

You may give electronically and set up your tithes and offerings online at <https://www.longlakeluth.org>

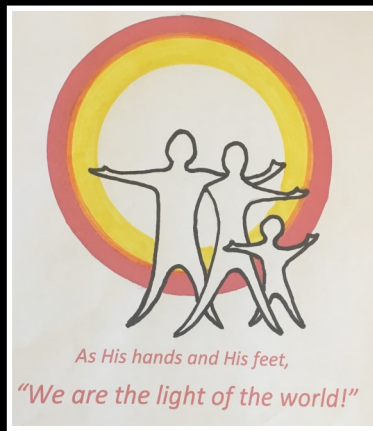
There is an ap called "Give Plus" you don't need an account to setup to use with your phone.



We are looking forward to our 2020 vision in the upcoming year. We have many blessings God has provided to this church community. We are thankful to have Pastor Sue and Shawna as a ministry team to lead us into 2020.

With Thanks,

Kathie



Kara Hepp

CONGREGATIONAL LIFE

Greetings!! A devotions for Harvest Time:
John 4:35-36 (NKJV)

As fall is in full swing and the fields are becoming ripe for harvest, I am reminded of this passage.

While we are busy "harvesting" our food, Jesus

offers the opportunity to be filled with a different kind of "food". A food that fills our soul. This passage comes right after Jesus meets the Samaritan woman at the well and shocks his disciples by simply asking for a drink of water from her. He planted and sowed a seed and the woman believed in Him which later led to many Samaritan's belief in God. Jesus reminded the disciples and us, that we must practice and act on what we hear. We are called to multiply - not just "add". The only way to multiply and reap from our harvest and the harvest of others is by planting and sowing seeds. I listened to a sermon on a podcast the other day that posed this question: "When was the last time you asked someone to come and sit with you a church?". The Pastor challenged us to not simply invite them to come.... but invite them to come and sit with you. Maybe you asked this yesterday or maybe it hasn't happened yet, however, I would invite all of us to take the opportunity to plant a seed, reap the harvest, and be fed with the fruit of eternal life.

35 Do you not say, 'There are still four months and then comes 'the harvest'? Behold, I say to you, lift up your eyes and look at the fields, for they are already white for harvest! 36 And he who reaps receives wages, and gathers fruit for eternal life, that both he who sows and he who reaps may rejoice together."

UPCOMING EVENTS - Mark Your Calendars:

- **10/26/19:** TRUNK or TREAT mixed with the Annual Bonfire: The Congregational Life and Youth committees will come together to host an intergenerational event on Saturday, October 26th. Trunk or Treat will begin at 2:00 PM and we'll light the Bonfire at 3:00 PM. The event will go until 7:00 PM. There will be hot dogs, chips, candy, s'more's, and fun activities throughout the day! Spread the word!

- **We're updating our directory!!!**

- With all the changes we know it is time for a new directory! We were able to get on Lifetouch's calendar in December to get this done before the end of the year! We're planning to host Lifetouch for pictures starting Sunday, December 8th - Wednesday December 11th. The photographers will be available from 2 PM - 9 PM Sunday, Monday, and Tuesday, and from 1 PM - 8 PM on Wednesday. We'll be passing around a sign up sheet and will need help "hosting" this event, however, wanted to get the word out right away. More to come!

An important thing to keep in mind: YOU DO NOT HAVE TO PURCHASE A PICTURE PACKAGE - however, if you get your family's picture taken you'll get a free directory.

As always, we welcome anyone to come join us for a meeting or an event! Our next meeting is set for Saturday, October 13th after 2nd service!

Prayers and Blessings!

Kara Hepp

Long Lake Lutheran Church Rally Sunday 2019

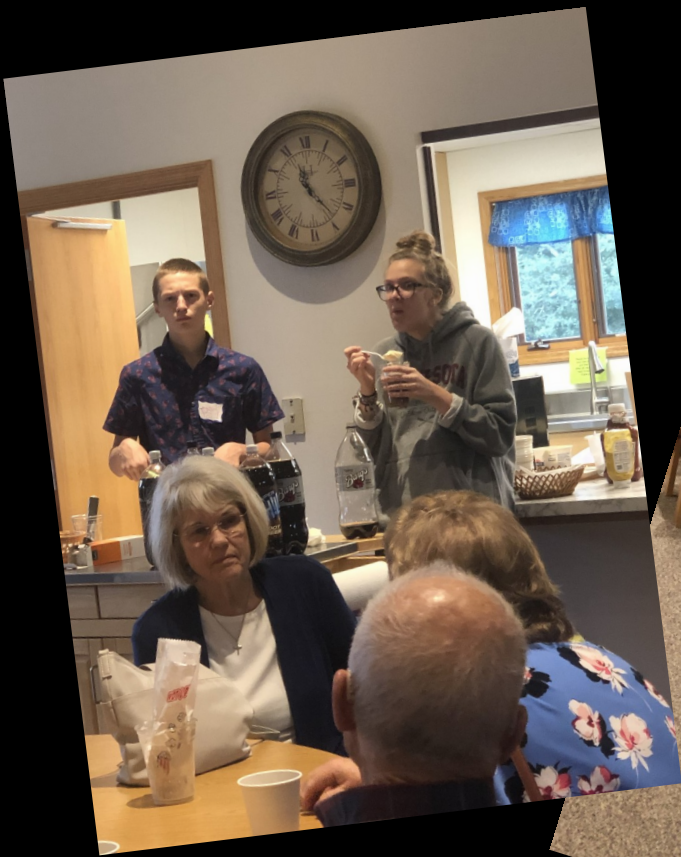
Thank you to all those who participated in our big Rally Sunday Celebration.
We had lots of fun, ate some food, played some games, and successfully filled 100 bags of food for local students who are food insecure.

The Long Lake team came together and accomplished great things.

Our 20/20 vision will continue as we shake it up in the next year.









WHAT ARE THOSE KIDS UP TO...



FINANCE

Marsha Weidner



*Bless the Lord oh my soul, oh my soul,
worship his holy name.
Sing like never before, oh my soul, I worship your holy name.*

That is a song that is sung on Wednesday nights.
It is called "10,000 Reasons " lyrics written by Matt Redman.

It says so much to me as I relate to the world better through music.

How about you? Are you interested in the sound system we use? Do you want to learn more about it and how it functions?

If you answered yes, please consider attending Wednesday, October 9 at 5:30 - 8:30 pm. Two sound techs from Audio Video Electronics will be at Long Lake Lutheran.

They will talk to us, train us, work through Wednesday night service with us and share afterwards.

Share this with anyone that wants to learn our system!

If your interest is peaked, take a look at the different tutorial videos on the Behringer web site.

Here is a link - [https://www.behringer.com/Categories/Behringer/Mixers/Digital/XR18/p/PoB18/Videos?pPageno=0&tPageno=0&lPageno=0§ion=tutorial#googtrans\(en|en\)](https://www.behringer.com/Categories/Behringer/Mixers/Digital/XR18/p/PoB18/Videos?pPageno=0&tPageno=0&lPageno=0§ion=tutorial#googtrans(en|en))

Please come. We can't do this without involvement from the congregation.

If the sound system isn't of interest maybe come to a Finance meeting, we will be starting the budget process on October 7th at 7:00 pm.

WORSHIP and MUSIC

Rachel Maguire



The Worship and Music Team approved having "Dinner Church" for 3 of the 4 Wednesdays in Advent. The first Wednesday in Advent falls on Thanksgiving Eve and we are already busy with our pie social and silent auction! Dinner church is a gathering around tables in fellowship for worship. Dinner will be served family style and communion will be at each table. Pastor Sue will guide the table-talk discussions; the Gospel Band will lead music. Communion will be celebrated on the 1st and 3rd Sundays of every month; choir will sing on the 2nd and 4th Sundays. Reformation is October 27th. Don't forget to wear RED! Live nativity worship service is Sunday, December 8th and the Sunday School Program is the 15th. We are looking for people willing to share their musical talents with us throughout Advent. Christmas Eve services will be at 4 and 10 pm and Christmas Day service will be at 9:30 am. We have received a gift to purchase children's tables and chairs to create a "playground" in the sanctuary. A quiet play area will be created in the front, on the right side of the seating area for "littles" in worship.



MISSIONS

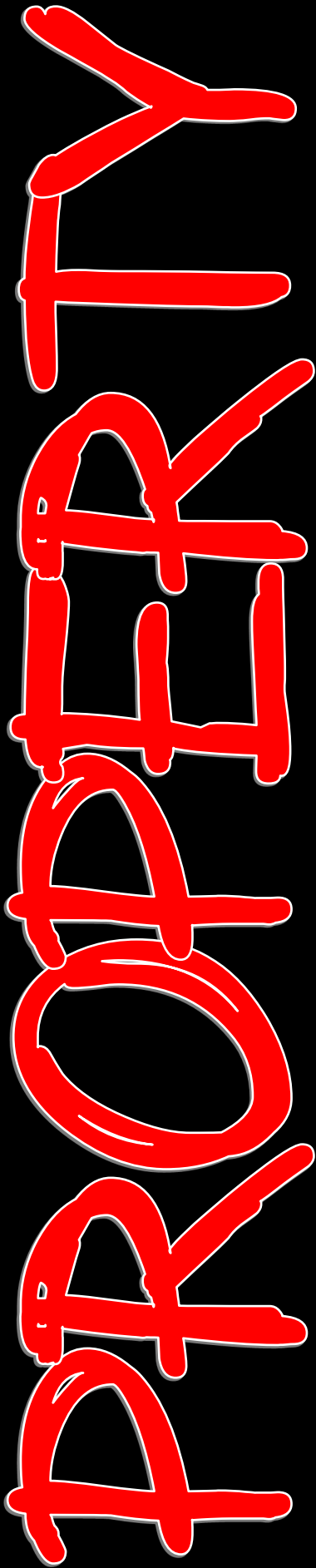
Ronda Fenlon

Mission Meeting 9.15.19
Jim W. & Ronda

\$1,686 Missions will be sent to Lutheran Disaster Relief (US Flooding)
\$1,000 Seminarian will be sent to Luther Seminary (Eric Nelson)

September- December Missions will be sent to MN Adult & Teen Challenge + the Pregnancy Resource Center. Please reach out to a Missions Team member if you have an additional local Mission you would like considered. PLUS - any hands on active support that is needed in the community.

Thank you, Ronda



The property committee met on Tuesday, September 17 at 5 pm. The property team is very appreciative to all the people who have served Long Lake with their gifts by performing tasks and keeping the church safe and presentable.

Several topics were discussed. Barry Smith has volunteered to put gutters on the new garage. We are looking for volunteers to help hang four lights in the sanctuary, one or two people would need to assist from the attic. The extra office is getting painted and base trim installed.

One item of concern is the Jacobsen lawn tractor. This tractor is the primary tool for clearing the sidewalks of snow. The tractor was brought to a diesel mechanic for a minor repair and has always been difficult to start. As the mechanic tried to improve the starting, they concluded that the compression was not adequate, and the engine needs to be rebuilt. The rebuild estimate was between \$2,000 – 2,500. It was decided to not spend the money on the Jacobsen and look for something else. The Jacobsen still runs, it remains difficult to get started. With that being said, we will need to replace the Jacobsen with something that is safer to enter and exit, and easier to start. The property team has been looking into this for quite some time, and we estimate that something to replace the Jacobsen with a similar machine

(snowblower and mowing deck) will be an expense of \$10-12,000.

Approximately 25 letters were sent to some members of Long Lake asking to help the property team. So far, the response has been very good. If you didn't receive a letter, but are interested in helping the property team, please don't be offended, we're sorry that we missed you. If you are interested in helping the property team, please let someone on the team or church council know that you'd like to help. This is a great opportunity to get to know our fellow members better and help keep our church safe and welcoming.

We are still looking for someone to lead the property committee. Maybe it's you? Most of you are saying, "NO way!" Please prayerfully reconsider. The property team is growing, and just because you serve as the head of the committee, does not mean that you have to do all the work. We have several skilled volunteers that are willing to serve! God does not call the qualified, He qualifies the called!

God Bless,

LLLC Property Team

We offer a 13-week grief counseling course called GriefShare that aims to build a support network around the bereaved and help them understand and sort out their feelings as a group.

You are welcome to begin attending at any session. Each is "self-contained," so you do not have to attend in sequence. You will be able to continue with GriefShare through the next 13-week cycle and view any of the videos you have not seen.

GriefShare is being held on Thursday evenings at 6:00 p.m. in the conference room.

Cost: none

Child care: no
Any questions call:
Sharon Sudeith at
763-444-4483

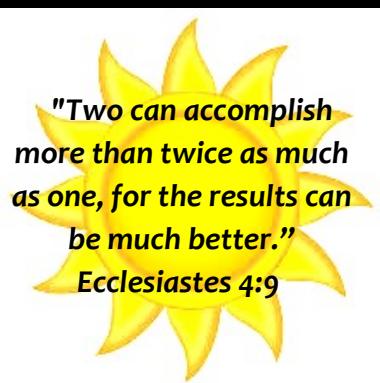


The Friends of Ruth met on September 9 and it was great to get together again. We set the date for the Christmas Tea which will be Sunday, December 1 at 2:00, so watch for more information as it comes out.

We are currently coordinating donations of meals to Sharon and Bill Sudeith. If you are interested in donating, please sign up on the calendar in the narthex, and if you have any questions, please feel free to call Joanne Eittreim at 612-386-7480.

Our next meeting is Monday, October 14 at 6:30pm. New members and visitors are always welcome!

God's peace, Joanne Eittreim



BIG THANK YOU

For all who worked, donated, or attended the spaghetti dinner benefit.

We deeply appreciated your participation.

Thank you so much for making this a successful benefit for our church member, Will Remus.

Sincerely Loretta, Becky, Joan, Renae, and the Sunshine Circle

Thanks to Janella for making the blanket and the Ziemann for top stitching it. Blanket winner will be announce on Sunday October 6th.

WELCA

We are again participating with the Pilgrim Cleaners and their annual coat collection. Please place your winter coat donations (any size) in one of the boxes in the closet area on the right-hand side of the fellowship hall entrance. The last Sunday for the collection will be Oct. 13.

The Harvest Table will be placed in the narthex the first week of October to help stock our church's food shelf. This time of the year can be a difficult time for many families who come to our church for help.

The Lunch Ladies Group will be going to the Princeton Golf Course for lunch on the last Monday of the month, October 28 at 11:30. All women are invited and welcome to join us.

Looking forward to Christmas, we will be collecting hats, scarves and mittens. If you knit or crochet, please consider donating a few for needy children in the area.

Blessings for a safe and happy Fall,
Lillian

Medicare 101 Presentation on October 23rd at 7:00 pm.

Ben Baumann of North Central Insurance will present information and answer questions about Medicare, Open Enrollment, and Insurance options. This will be a fair and balanced approach and not a sales pitch.



Please consider joining us to make mission quilts. We gather 6 times a year to tie them and stitch around the edges. This is a great way to fellowship with your friends and to make new friends! No experience is necessary, there will be a job for people of all experience levels!



We meet on the second Wednesday of the month and begin the day at 9:00 am and end the day at 4:00 pm. We have a potluck lunch and also bring a snack to share with coffee during the day!

This fall we will meet:

Wednesday, October 9th
Wednesday, November 13th

Please consider stopping by for part or all of the day!

THE GREEN TEAM

“When we know better, we do better.”

Maya Angelou

Our team met again on Sept. 23rd at 6:00pm. We had some guests that came to share ideas with us, and suggest ways to help our area where the Cans for Kids will be collected. The trailer was put back by the garage with some improvements made to the soil to make it sit up better. Look for some more improvements to that area.

We are getting those educational signs ready and printed so we can help all of us to Think Before we put Everything in the Trash, when we could be Recycling.

We are encouraging our congregation to read labels, they tell us a lot about whether an item should be recycled or not.

Make a promise to Recycle Often. Recycle Right. This suggestion comes from our Waste Management Company. Doing these three things will make a huge difference.

Recycle all empty bottles, cans, paper, and cardboard

Keep food and liquids out of your recycling

Keep plastic bags out of your recycling

Go Green

Read Labels

Think before you throw

Recycle Right

Recycle Often

Reporter for the Green Team



Trash Trivia

How many trees must be cut to provide paper for one edition of the Sunday New York Times?

- A. 62
- B. 628
- C. 75,000

How many trees are saved when one ton of paper is recycled?

- A. 5
- B. 17
- C. 100

Recycling Word Search

Can you find the hidden words?
Words may be forward, backward or diagonal.



ALUMINUM BIN BIODEGRADABLE BOTTLES CANS CARDBOARD
EARTH ENERGY ENVIRONMENT GLASS GREEN METAL NEWSPAPER
PAPER PLASTIC RECYCLE REDUCE RENEW REUSE

Date	Birthdays	Date	Birthday	Date	Anniversaries
1	Martin Lynn	27	Les Rowe	5	Margaret McBride & Barry Smith
2	Gary Grell		Jason Sonterre	7	Dan & Cassandra Geving
	Wayne Olson		Peyton Stanius	8	Amie & Derek Johnson
3	Joette Hennen	28	Jeremy Hill	11	Lori & Shane Wald
	Renae Hooker		Sophia Magaard	13	Harley & Madge Lillemoen
	Ellie Sand	29	Charlotte Sonterre	14	Justin & Taylor Overby
4	Bruce Hooker	30	Nicole Nelson	16	Tom & Teresa Hanson
	David Jaques	31	Becky Agranoff		Heather & Mark Townswick
	Barry Smith			22	Mike & Merri Roos
	Gordon Yurich Jr.				
5	Tyler Jensen		Baptism Anniversaries		
6	Cindy Hanson		Jerry Oldenburg		
	Nate Hanson	1	Donna Bahr		
	Blaine Wald		Ellie Sand		
7	Ernest Englund	3	Lucas Sand		
	Jean Englund	5	Carol Fleischer		
	Sarah Hanson		Steve Anderson		
	Finn Netzer	7	Monica Petersen		
8	Marcia Johnson		Conrad Huge		
9	Jack Bauer		Karyn Hansen		
	Olivia Larson	9	Gabby Johnson		
10	Kaitlin Bender		Kaitlyn Chinnock		
	Eric Nelson		Clara Johnson		
	Marcia Westover	10	Eric Nelson		
11	Tom Fornberg	11	Will Remus		
	Dale Lundeen		Karen Baker		
	LeAnn Snidarich		Merri Roos		
12	Addy Lewerenz	12	Korbin Lynn		
14	Catherine Dufeck	14	Logan Wynne		
15	Jenny Boniarczyk	18	Mackenzie Larsen		
	Aaliyah Monroe	19	Tammy Dufeck		
	Duane Oberg	21	John Sonterre		
20	Ariana Browen	23	Adeline Jamnick		
	Riley Micek	24	Madison Yurich		
	William Rowe	25	Jeffrey Engler		
21	Kent Eittreim	26	Bruce Jernell		
	Julie Nielsen	27	Curtis Strand		
24	Ron Selix	28	Cierra Larsen		
25	Alyvia Hepp	29	Lucas Anderson		
	Declan Nelson	31	Scarlett Spike		

Birthdays, Baptism Anniversaries, Wedding Anniversaries

A.A. Step By Step Step Ten



Step Ten is Steps Four through Nine applied daily. I have heard others refer to Steps Ten through Twelve as 'maintenance steps'. I call them growth steps. No matter how old I get, these last three steps let me continue to challenge myself. Sometimes the healthiest thing I can do for myself is to admit I'm not perfect.

One of the most quoted lines in the AA Big Book appears on the discussion on Step Ten: "We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition". It is no easy task to change the behavior and thinking of a lifetime, even when I want to change. The Tenth Step allows me to be aware of sliding back into faulty thinking. I don't have to beat myself up over it. I just need to do what I can to make it right.

The Tenth Step asks us to 'promptly' admit we are wrong. A prompt admission is more effective than a delayed one in helping us acknowledge our negative behavior and to change it. A prompt admission is also more effective in defusing the anger that our inappropriate behavior has caused others. An essential part of understanding the amend process is to recognize that complete amend includes NOT repeating the same behavior.

Step Ten is a combination of taking an inventory regularly and promptly admitting when we are wrong. Some of us are tempted to ignore the inventory part and go right to the admitting we were wrong part. We are not working the Tenth Step unless we are doing both and probably will continue to make the same mistakes unless we work the step the way it was designed. We must work Step Ten daily till it becomes a habit.

Our personal inventory at the end of the day is a form of balance sheet. That means we review not only what we did wrong during the day but what we did right. When we take inventory we will want to look for many things. We can search out feelings that need our attention. We can look for low self-esteem creeping back in, but the critical part of our inventory is what we are doing right and on all the good around us.

The AA Twelve and Twelve suggests, when in doubt (about what to do) we can always pause, saying "Not my will, but Thine be done".

Take time for prayer and meditation. We do this Step to stay on track, not to punish ourselves or be under constant criticism. The Tenth Step is a daily application of the Golden Rule: Treat others as you would like to be treated.

October Calendar

Oct 2019 (Central Time - Chicago)

Long Lake Lutheran Church

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>29</div> <p>8am - Worship 9:30am - Sunday School 9:30am - Worship</p>	<div>30</div> <p>11:30am - Lunch Ladies @ 6:30pm - 4-H Stoeckel</p>	<div>1</div> <p>10am - Bible Study 6pm - Choir Rehearsal 7pm - AA 7pm - Worship & Music</p>	<div>2</div> <p>5pm - Community Meal 6pm - Children's Church 6pm - Confirmation 6pm - Worship 7pm - Thrivent Retirement 7pm - Youth Team</p>	<div>3</div> <p>9am - Prayer Team</p>	<div>4</div> <p>4pm - Spaghetti Dinner</p>	<div>5</div> <p>Mitchell Wedding Offsite</p>
<div>6</div> <p>Adult Teen Challenge 8am - Worship 9am - Missions Team 9:30am - Adult Forum 9:30am - Sunday School 9:30am - Worship 10:30am - Education Team</p>	<div>7</div> <p>9am - JoAnne Eittrich's 6:30pm - 4-H Stoeckel 7pm - Finance Team</p>	<div>8</div> <p>10am - Bible Study 1pm - Sunshine Circle 6pm - Choir Rehearsal 7pm - AA</p>	<div>9</div> <p>9am - Mission Quilters 5pm - Community Meal 6pm - Children's Church 6pm - Confirmation 6pm - Worship 7pm - Thrivent-End of Life</p>	<div>10</div> <p>9am - Prayer Team 1pm - Senior Game Day 6:30pm - Council Meeting</p>	<div>11</div>	<div>12</div>
<div>13</div> <p>8am - Worship 9:30am - Adult Forum 9:30am - Sunday School 9:30am - Worship 10:45am - Cong. Life Mtg</p>	<div>14</div> <p>6pm - Safety and Security 6:30pm - Friends of Ruth</p>	<div>15</div> <p>10am - Bible Study 5pm - Property 6pm - Choir Rehearsal 7pm - AA 7pm - Live Nativity</p>	<div>16</div> <p>6pm - Worship</p>	<div>17</div> <p>1pm - Welca</p>	<div>18</div>	<div>19</div>
<div>20</div> <p>8am - Worship 9:30am - Adult Forum 9:30am - Sunday School 9:30am - Worship 10:45am - Stewardship</p>	<div>21</div> <p>6:30pm - 4-H Stoeckel</p>	<div>22</div> <p>10am - Bible Study 6pm - Choir Rehearsal 7pm - AA</p>	<div>23</div> <p>5pm - Community Meal 6pm - Children's Church 6pm - Confirmation 6pm - Worship 7pm - Ben Baumann</p>	<div>24</div> <p>9am - Prayer Team 1pm - Senior Game Day</p>	<div>25</div>	<div>26</div> <p>10am - Confirmation 2pm - Trunk or Treat 3pm - Congregational</p>
<div>27</div> <p>8am - Worship 9:30am - Adult Forum 9:30am - Sunday School 9:30am - Worship 11am - Confirmation</p>	<div>28</div> <p>11:30am - Lunch Ladies @</p>	<div>29</div> <p>10am - Bible Study 6pm - Choir Rehearsal 7pm - AA</p>	<div>30</div> <p>5pm - Community Meal 6pm - Children's Church 6pm - Confirmation 6pm - Worship</p>	<div>31</div> <p>9am - Prayer Team</p>	<div>1</div>	<div>2</div>

October Volunteers

Volunteers Schedule for October 2019

October 6, 2019

8:00 am

Greeter: Jean & Richard Hansen
Usher: Marcy Stoeckel
Lector: Gerald Anderson

9:30 am

Greeter: Jenny Boniarczyk
Usher: Dennis & Karen Hardie
Lector: Jennifer Manion

October 13, 2019

8:00 am

Greeter: Paul & Jackie Gruber
Usher: Harley & Madge Lillemoen
Lector: Joanne Eittreim

9:30 am

Greeter: Lisa Gustafson
Usher: Kathie Schleif
Lector: Jennifer Sonterre

Altar Guild

October 6 & 13 Bergman/Stock

October 20 & 27 Stoeckel/Niemi

Bread Maker

Vicki Theede

October 20, 2019

8:00 am

Greeter: John & Rose Hass
Usher: Conrad & June Huges
Lector: Ronda Fenlon

9:30 am

Greeter: Chris and Kara Hepp
Usher: Sharon Johnson
Lector: Donna Larsen

October 27, 2019

8:00 am

Greeter: Bruce & Renae Hooker
Usher: Carol Perrin
Lector: Marcia Johnson

9:30 am

Greeter: Joanne Eittreim
Usher: McBride/Smith
Lector: Kathie Schleif

11:00 am-Confirmation Service

Greeter:

Usher:

Lector:

Council Rep

8:00 am Ronda Fenlon

9:30 am Rachel Maguire

6:00 pm Tammy Dufek

¹⁶I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, ¹⁷and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. ¹⁸I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, ¹⁹and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Ephesians 3:16-19

Long Lake Lutheran Church
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